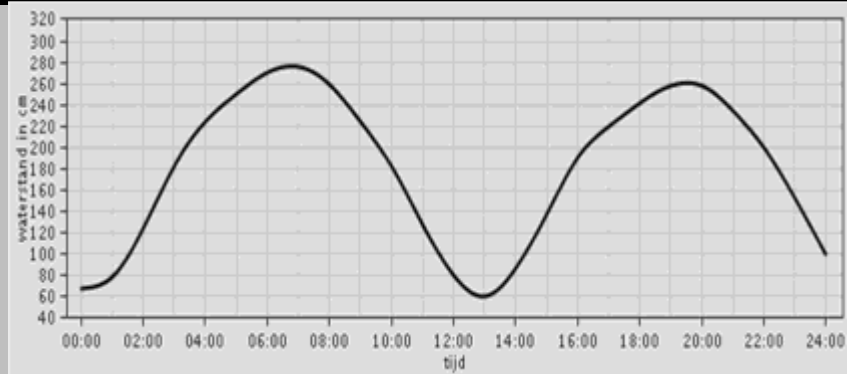
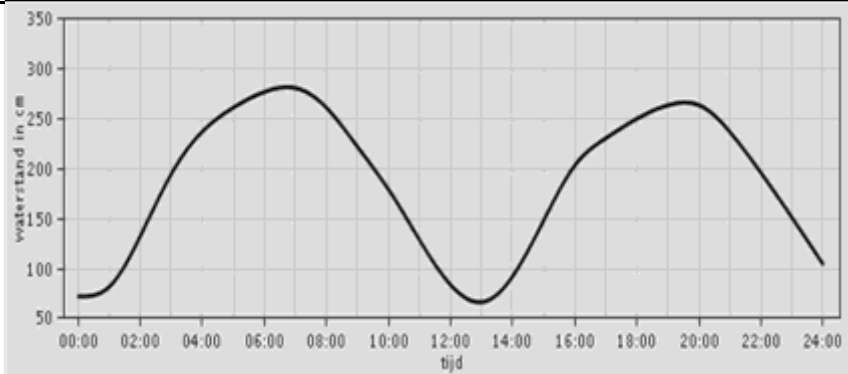


Referentievlak :LAT

datum dag maanstand

<b>Lauwersoog</b>		53.4167° N, 6.2000° O							
LAT= NAP+ 175									
HW	cm	lw	cm	HW	cm	lw	cm	HW	cm

<b>Schiermonnikoog</b>		53.4667° N, 6.2000° O							
LAT=NAP+168		53°28'012 6°12'0							
HW	cm	lw	cm	HW	cm	lw	cm	HW	cm



2021

1-1	vry			5:50	57	11:56	277	17:45	58	23:55	300			5:46	51	11:55	272	17:45	52	0:05	294		
2-1	zat			6:35	55	12:30	274	18:30	57	0:35	302	0:05	294	6:26	49	12:40	268	18:26	52	0:49	295		
3-1	zon	0:35	302	7:10	54	13:15	269	19:06	59	0:49	295	7:15	49	13:20	263	19:06	54						
4-1	maa	1:26	302	7:55	56	14:00	264	19:51	62	1:33	295	7:46	50	14:05	257	19:50	56						
5-1	din	2:11	300	8:36	59	14:45	258	20:34	67	2:16	293	8:35	53	14:55	251	20:36	60						
6-1	woe	10:37 LK	2:55	295	9:26	64	15:45	252	21:30	71	3:06	289	9:25	57	15:45	246	21:32	65					
7-1	don	3:55	289	10:19	68	16:37	249	22:36	75	4:06	283	10:16	61	16:39	243	22:36	69						
8-1	vry	4:55	283	11:26	71	17:40	250	23:46	77	4:59	278	11:25	64	17:49	244	23:40	70						
9-1	zat	6:04	279	12:30	70	18:51	257	0:56	73	6:09	274	12:30	64	19:05	251	0:56	67						
10-1	zon			0:56	73	7:20	280	13:36	68	20:05	268			0:56	67	7:25	275	13:36	62	20:08	262		
11-1	maa			2:06	66	8:29	283	14:36	64	21:05	281			2:06	60	8:30	278	14:36	58	21:08	275		
12-1	din			3:16	58	9:25	285	15:45	61	21:55	293			3:16	52	9:35	280	15:40	55	21:55	287		
13-1	woe	6:00 NM		4:21	50	10:36	285	16:45	59	22:45	301			4:16	44	10:35	280	16:36	53	22:51	295		
14-1	don			5:16	44	11:26	282	17:26	56	23:31	306			5:16	38	11:25	277	17:26	50	23:36	300		
15-1	vry			6:05	41	12:16	276	18:06	54	0:05	306			6:06	35	12:15	271	18:06	47	0:15	301		
16-1	zat			0:05	306	6:46	41	12:50	270	18:45	51	0:55	304	0:15	301	6:46	35	13:06	264	18:40	44	0:55	299
17-1	zon			0:55	304	7:20	43	13:30	263	19:25	50	0:55	299	7:20	37	13:42	257	19:21	43				
18-1	maa			1:30	300	7:56	48	14:08	256	20:00	52	1:35	294	7:56	43	14:10	251	19:56	46				
19-1	din			2:16	292	8:35	56	14:45	251	20:36	59	2:10	287	8:30	51	14:37	245	20:30	52				
20-1	woe	22:01 EK	2:51	283	9:10	66	15:20	246	21:15	68	2:50	278	9:10	61	15:20	241	21:15	62					
21-1	don			3:30	273	9:46	77	15:55	243	21:55	78	3:24	268	9:46	72	16:02	237	21:56	73				
22-1	vry			4:09	264	10:33	86	16:51	241	22:46	89	4:10	258	10:24	81	16:59	235	22:45	84				
23-1	zat			5:09	256	11:25	93	17:59	242	23:45	97	5:19	250	11:20	87	18:00	237	23:55	92				
24-1	zon			6:18	253	12:35	94	19:10	249	6:20	248	12:35	88	19:13	244								
25-1	maa			1:16	96	7:32	256	13:45	87	20:15	261			1:05	90	7:30	251	13:45	81	20:10	256		
26-1	din			2:21	85	8:27	263	14:46	76	21:05	274			2:20	78	8:40	257	14:45	70	21:11	268		

Referentievlak :LAT		Lauwersoog								Schiermonnikoog											
		53.4167° N, 6.2000° O				53.4667° N, 6.2000° O						53°28'012 6°12'0									
		LAT= NAP+ 175								LAT=NAP+168											
datum	dag maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm		
27-1	woe			3:21	72	9:24	270	15:36	67	21:55	284			3:16	66	9:35	264	15:30	60	21:55	279
28-1	don ##### VM			4:06	61	10:26	274	16:25	60	22:25	292			4:06	55	10:15	269	16:15	53	22:35	287
29-1	vry			4:56	52	11:05	276	17:06	54	23:16	298			4:56	45	11:05	271	17:00	46	23:15	293
30-1	zat			5:40	43	11:49	276	17:51	48	23:51	304			5:43	37	11:45	271	17:46	42	23:56	298
31-1	zon			6:26	38	12:25	275	18:31	44	0:25	307			6:21	31	12:34	270	18:26	38	0:36	301
1-2	maa	0:25	307	7:11	35	13:05	273	19:06	43			0:36	301	7:01	29	13:16	267	19:06	37		
2-2	din	1:11	308	7:46	37	13:45	269	19:55	44			1:15	301	7:45	31	13:56	263	19:45	37		
3-2	woe	1:50	305	8:31	42	14:25	264	20:35	47			1:54	298	8:25	36	14:36	258	20:19	39		
4-2	don ##### LK	2:35	297	9:06	50	15:16	258	21:15	52			2:45	291	9:05	43	15:22	252	21:10	44		
5-2	vry	3:30	287	9:55	60	16:00	253	22:11	60			3:35	281	9:51	52	16:08	247	22:06	53		
6-2	zat	4:19	274	10:55	71	17:00	250	23:10	69			4:29	269	10:51	63	17:09	244	23:10	62		
7-2	zon	5:43	264	12:05	79	18:19	252	0:36	73			5:40	260	11:55	72	18:20	247	0:36	66		
8-2	maa			0:36	73	7:10	261	13:16	79	19:45	263			0:36	66	7:10	257	13:16	72	19:39	257
9-2	din			1:56	66	8:32	266	14:26	71	20:56	278			1:54	59	8:30	261	14:26	65	20:56	272
10-2	woe			3:10	53	9:36	273	15:36	61	21:50	292			3:05	47	9:35	267	15:35	55	21:51	285
11-2	don ##### NM			4:20	40	10:25	276	16:31	52	22:36	300			4:16	35	10:25	270	16:31	46	22:35	294
12-2	vry			5:11	32	11:15	275	17:25	47	23:15	304			5:05	27	11:20	270	17:16	41	23:15	298
13-2	zat			5:55	31	11:48	272	17:58	42	23:56	305			5:48	25	12:01	267	17:55	36	23:55	299
14-2	zon			6:26	31	12:32	269	18:30	38	0:30	303			6:22	26	12:35	263	18:26	32	0:30	297
15-2	maa	0:30	303	7:01	34	13:00	266	19:01	35			0:30	297	6:56	29	13:08	259	18:56	29		
16-2	din	1:09	297	7:26	38	13:36	262	19:36	36			1:05	291	7:26	33	13:35	256	19:30	29		
17-2	woe	1:40	290	7:56	45	13:59	258	20:05	42			1:42	283	7:55	39	14:05	252	20:00	34		
18-2	don	2:05	280	8:26	54	14:19	254	20:35	50			2:05	274	8:26	48	14:25	249	20:30	42		
19-2	vry 19:47 EK	2:38	270	8:58	62	15:00	250	21:10	59			2:35	265	8:52	55	14:50	246	21:06	52		
20-2	zat	3:15	261	9:35	71	15:24	247	21:44	71			3:09	255	9:35	64	15:24	242	21:46	64		
21-2	zon	3:48	251	10:16	81	16:28	242	22:46	84			3:59	245	10:16	74	16:27	237	22:46	78		
22-2	maa	4:51	242	11:15	92	17:42	242	0:05	93			5:19	236	11:19	85	18:08	237	0:05	86		
23-2	din			0:05	93	6:34	242	12:45	94	19:25	253			0:05	86	6:48	236	12:55	87	19:32	247
24-2	woe			1:35	85	8:09	250	14:05	82	20:35	268			1:46	78	8:04	245	14:10	74	20:35	262
25-2	don			2:52	67	9:10	262	15:12	67	21:30	282			2:45	60	9:10	256	15:11	59	21:31	276
26-2	vry			3:46	50	9:55	270	16:00	54	22:15	292			3:45	43	10:05	264	15:56	47	22:09	286
27-2	zat			4:42	37	10:45	275	16:50	44	22:56	300			4:36	30	10:50	270	16:46	37	23:05	294
28-2	zon 9:17 VM			5:26	27	11:36	277	17:36	36	23:30	306			5:20	20	11:36	272	17:35	29	23:35	300
1-3	maa			6:11	20	12:10	278	18:25	29	0:16	308			6:05	14	12:16	272	18:15	22	0:20	303
2-3	din	0:16	308	6:53	18	12:51	277	18:56	25	0:56	308			0:20	303	6:47	13	12:56	271	18:50	18
3-3	woe	0:56	308	7:35	22	13:34	274	19:36	25					1:01	302	7:25	16	13:30	269	19:26	18

Referentievlak :LAT		Lauwersoog		53.4167° N, 6.2000° O								Schiermonnikoog		53.4667° N, 6.2000° O										
datum dag maanstand		LAT= NAP+ 175								LAT=NAP+168		53°28'012 6°12'0												
datum	dag	maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm						
4-3	don		1:36	303	8:06	30	14:06	271	20:16	29														
5-3	vry		2:20	293	8:45	41	14:48	265	20:56	37														
6-3	zat	2:30 LK	3:16	278	9:25	55	15:29	259	21:46	50														
7-3	zon		4:10	262	10:16	71	16:40	253	22:50	64														
8-3	maa		5:25	250	11:25	85	17:55	254	0:15	71														
9-3	din				0:15	71	7:00	247	13:06	85	19:19	263			0:15	63	7:00	241	12:54	77	19:25	257		
10-3	woe				1:44	61	8:26	255	14:14	71	20:35	278			1:46	53	8:26	249	14:16	64	20:46	271		
11-3	don				3:06	43	9:25	265	15:26	55	21:36	291			3:05	37	9:31	258	15:18	49	21:35	284		
12-3	vry				4:05	29	10:23	270	16:20	43	22:21	297			4:04	24	10:20	264	16:12	37	22:15	291		
13-3	zat				4:52	23	10:55	271	17:01	37	22:59	299			4:46	19	10:55	264	16:58	31	22:55	293		
14-3	zon	11:21 NM			5:31	25	11:30	270	17:36	34	23:25	299			5:26	20	11:35	263	17:36	28	23:30	293		
15-3	maa				6:01	28	12:01	270	18:05	30	0:06	297			5:58	22	12:05	263	18:06	24	0:06	290		
16-3	din		0:06	297	6:28	29	12:32	270	18:36	27	0:36	292			0:06	290	6:25	24	12:31	264	18:30	20	0:36	285
17-3	woe		0:36	292	6:56	32	12:55	269	19:05	27					0:36	285	6:50	26	12:55	263	19:00	20		
18-3	don		1:06	284	7:26	37	13:25	266	19:30	32					1:06	277	7:18	30	13:17	260	19:28	24		
19-3	vry		1:36	274	7:51	43	13:48	262	19:56	39					1:36	268	7:45	36	13:50	257	19:55	30		
20-3	zat		2:06	265	8:15	49	14:09	259	20:29	46					1:55	260	8:10	40	14:15	255	20:26	37		
21-3	zon	15:40 EK	2:35	256	8:46	55	14:38	255	21:06	55					2:30	251	8:45	47	14:50	251	21:06	47		
22-3	maa		3:14	246	9:30	66	15:43	249	21:58	69					3:14	241	9:26	59	15:37	244	22:00	62		
23-3	din		4:17	236	10:25	82	16:58	245	23:10	81					4:29	230	10:35	75	16:54	240	23:20	74		
24-3	woe		5:58	233	11:55	92	18:38	251	0:55	78					6:00	228	11:55	84	18:50	245	0:55	70		
25-3	don				0:55	78	7:30	243	13:35	83	20:05	266			0:55	70	7:34	237	13:36	75	20:05	260		
26-3	vry				2:20	57	8:45	257	14:40	64	21:00	282			2:16	50	8:51	250	14:36	56	21:06	275		
27-3	zat				3:16	38	9:45	268	15:36	48	21:51	293			3:16	31	9:40	262	15:30	40	21:45	287		
28-3	zon	20:48 VM			5:15	24	11:25	275	17:34	36	23:36	301			5:10	17	11:30	269	17:20	28	23:34	295		
29-3	maa				6:06	16	12:16	278	18:17	26	0:16	305			5:55	9	12:16	272	18:06	19	0:16	299		
30-3	din		0:16	305	6:49	11	12:52	280	19:05	18	0:56	306			0:16	299	6:40	5	12:56	274	18:50	11	0:55	300
31-3	woe		0:56	306	7:29	11	13:26	281	19:41	13					0:55	300	7:21	5	13:33	275	19:35	7		
1-4	don		1:36	303	8:06	16	14:06	280	20:21	13					1:41	297	8:01	9	14:10	275	20:15	6		
2-4	vry		2:21	295	8:41	24	14:46	278	20:56	18					2:26	289	8:36	18	14:46	273	20:51	10		
3-4	zat		3:06	283	9:16	37	15:25	274	21:40	28					3:04	277	9:15	29	15:25	269	21:36	20		
4-4	zon	12:02 LK	3:55	268	9:56	52	16:15	268	22:30	43					3:55	262	9:56	44	16:15	263	22:30	35		
5-4	maa		4:55	252	10:44	70	17:20	262	23:35	59					4:55	246	10:50	62	17:25	256	23:41	51		
6-4	din		6:15	241	11:59	85	18:40	260							6:20	234	12:05	77	18:35	254				
7-4	woe				1:05	64	7:45	240	13:40	83	20:05	267			1:09	57	7:45	233	13:35	75	20:00	260		
8-4	don				2:36	53	9:05	249	15:00	67	21:10	279			2:30	45	9:05	242	14:56	60	21:15	272		

Referentievlak :LAT			Lauwersoog							Schiermonnikoog												
			53.4167° N, 6.2000° O							53.4667° N, 6.2000° O												
LAT= NAP+ 175			LAT=NAP+168							53°28'012 6°12'0												
datum	dag	maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm				
9-4	vry				3:45	36	10:05	260	16:00	50	22:10	289			3:36	30	10:10	253	15:56	44	22:10	281
10-4	zat				4:36	26	10:56	266	16:55	40	22:56	292			4:35	20	11:01	258	16:51	33	22:55	285
11-4	zon				5:23	23	11:35	267	17:35	35	23:25	292			5:16	18	11:35	260	17:34	29	23:34	285
12-4	maa	4:31 NM			5:58	26	12:01	269	18:06	33	23:55	291			5:55	21	12:06	262	18:05	26	0:00	284
13-4	din				6:26	29	12:25	272	18:38	29	0:31	289	0:00	284	6:25	23	12:31	266	18:35	23	0:35	281
14-4	woe		0:31	289	6:53	29	12:50	275	19:06	27			0:35	281	6:45	24	12:55	269	19:05	20		
15-4	don		1:06	284	7:20	30	13:25	275	19:35	27			1:09	276	7:16	24	13:25	269	19:34	20		
16-4	vry		1:35	276	7:46	33	13:56	272	20:05	31			1:35	269	7:42	26	13:55	267	20:00	23		
17-4	zat		2:05	267	8:10	37	14:15	269	20:30	36			2:00	261	8:06	30	14:15	264	20:26	28		
18-4	zon		2:35	258	8:41	41	14:45	266	21:00	40			2:30	253	8:36	33	14:45	261	20:56	32		
19-4	maa		3:10	250	9:15	47	15:25	262	21:40	47			3:10	244	9:15	39	15:25	257	21:40	39		
20-4	din	8:59 EK	4:05	240	10:00	57	16:20	257	22:36	59			3:54	235	10:00	50	16:17	251	22:30	51		
21-4	woe		5:10	232	10:56	73	17:30	254	23:45	69			4:56	226	11:05	67	17:30	248	23:44	62		
22-4	don		6:30	231	12:15	84	18:50	258					6:40	225	12:14	77	18:58	251				
23-4	vry				1:20	65	8:00	240	13:44	78	20:20	270			1:14	58	8:05	234	13:56	70	20:22	263
24-4	zat				2:45	47	9:15	254	15:06	60	21:25	284			2:40	39	9:12	247	14:56	52	21:25	277
25-4	zon				3:40	29	10:12	266	16:02	43	22:15	294			3:39	22	10:16	259	15:56	36	22:23	287
26-4	maa				4:40	18	10:55	274	17:00	31	23:06	300			4:35	12	10:54	267	16:50	24	23:06	293
27-4	din	5:31 VM			5:30	13	11:46	279	17:51	22	23:55	302			5:25	7	11:44	273	17:40	15	23:56	295
28-4	woe				6:15	12	12:26	283	18:35	15	0:36	300			6:10	6	12:26	277	18:34	9	0:40	294
29-4	don		0:36	300	6:56	14	13:06	286	19:25	11			0:40	294	6:55	8	13:10	280	19:11	4		
30-4	vry		1:26	294	7:41	18	13:46	287	20:02	10			1:26	288	7:35	12	13:46	281	19:56	4		
1-5	zat		2:06	285	8:18	25	14:26	287	20:45	15			2:12	278	8:15	19	14:26	281	20:41	8		
2-5	zon		2:56	273	8:56	36	15:10	284	21:31	25			2:55	266	8:55	29	15:10	278	21:26	18		
3-5	maa	21:50 LK	3:45	259	9:40	49	16:05	278	22:25	39			3:45	252	9:40	42	16:06	272	22:25	32		
4-5	din		4:56	246	10:36	65	17:05	273	23:26	52			4:45	239	10:36	58	16:55	266	23:26	45		
5-5	woe		6:00	239	11:44	77	18:18	270	0:40	56			6:05	231	11:45	70	18:15	263	0:40	49		
6-5	don				0:40	56	7:05	238	13:05	78	19:35	273			0:40	49	7:19	230	13:05	70	19:35	265
7-5	vry				2:00	49	8:25	245	14:26	66	20:45	279			2:00	42	8:35	238	14:20	58	20:45	271
8-5	zat				3:06	39	9:40	255	15:26	53	21:46	283			3:00	32	9:46	247	15:25	46	21:45	276
9-5	zon				4:00	32	10:25	261	16:16	45	22:15	284			3:55	26	10:25	254	16:16	38	22:25	277
10-5	maa				4:41	31	11:02	265	17:01	40	23:01	284			4:36	25	11:06	258	16:56	34	23:06	276
11-5	din	21:00 NM			5:16	33	11:25	270	17:36	38	23:30	283			5:16	27	11:32	263	17:30	31	23:35	275
12-5	woe				5:55	34	11:55	276	18:10	35	0:09	280			5:46	28	11:55	269	18:06	29	0:05	273
13-5	don		0:09	280	6:20	33	12:25	280	18:45	34	0:35	276	0:05	273	6:20	27	12:25	273	18:36	27	0:46	268
14-5	vry		0:35	276	6:50	33	12:55	280	19:15	34			0:46	268	6:46	27	13:06	274	19:06	27		

Referentievlak :LAT		Lauwersoog								Schiermonnikoog											
		53.4167° N, 6.2000° O				53.4667° N, 6.2000° O															
LAT= NAP+ 175		LAT=NAP+168		53°28'012 6°12'0																	
datum	dag maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm				
15-5	zat	1:15	269	7:20	35	13:31	278	19:40	36					1:15	262	7:15	28	13:36	272	19:36	29
16-5	zon	1:45	261	7:46	38	14:01	275	20:05	40					1:45	254	7:45	31	13:55	269	20:06	32
17-5	maa	2:26	253	8:18	41	14:35	273	20:46	43					2:19	246	8:12	34	14:35	267	20:40	35
18-5	din	3:00	246	8:56	47	15:15	270	21:26	47					3:05	239	8:55	40	15:15	264	21:25	40
19-5	woe 21:13 EK	3:51	239	9:40	55	16:16	267	22:22	54					3:55	232	9:36	49	16:10	261	22:25	47
20-5	don	4:55	234	10:35	67	17:15	266	23:36	59					5:00	227	10:40	60	17:15	259	23:30	51
21-5	vry	6:12	234	11:56	74	18:15	268	0:47	54					6:06	227	11:56	67	18:30	261	0:44	47
22-5	zat			0:47	54	7:35	241	13:16	69	19:39	275			0:44	47	7:29	234	13:14	62	19:35	269
23-5	zon			2:06	41	8:38	252	14:26	56	20:45	285			2:05	34	8:46	245	14:26	49	20:45	278
24-5	maa			3:06	28	9:35	264	15:31	42	21:55	292			3:05	22	9:40	257	15:25	35	21:54	285
25-5	din			4:00	21	10:26	274	16:28	32	22:34	296			3:56	15	10:32	266	16:20	25	22:41	289
26-5	woe 13:14 VM			4:56	20	11:10	282	17:20	25	23:33	296			4:50	13	11:16	274	17:16	19	23:35	289
27-5	don			5:46	21	12:00	288	18:15	20	0:23	292			5:45	15	12:00	281	18:10	13	0:26	285
28-5	vry	0:23	292	6:35	23	12:46	292	19:06	16					0:26	285	6:30	17	12:46	285	18:56	10
29-5	zat	1:05	285	7:21	26	13:31	295	19:50	15					1:16	278	7:10	20	13:25	288	19:45	9
30-5	zon	1:55	276	8:04	31	14:14	295	20:33	18					2:06	269	7:56	25	14:16	288	20:36	12
31-5	maa	2:51	266	8:45	37	14:55	293	21:20	25					2:55	258	8:45	31	14:55	286	21:16	19
1-6	din	3:40	256	9:26	46	15:54	289	22:10	35					3:45	248	9:25	39	15:50	282	22:06	29
2-6	woe 9:24 LK	4:35	247	10:16	56	16:45	284	23:06	45					4:46	239	10:16	50	16:45	276	23:05	39
3-6	don	5:35	242	11:16	66	17:45	279	0:05	52					5:45	233	11:15	60	17:45	271	0:10	46
4-6	vry			0:05	52	6:46	240	12:26	71	18:55	276			0:10	46	6:45	232	12:25	65	18:58	267
5-6	zat			1:16	53	7:35	243	13:36	69	20:05	275			1:16	48	7:49	235	13:36	62	20:00	267
6-6	zon			2:16	50	8:50	250	14:40	62	21:00	275			2:16	44	8:55	242	14:40	55	20:59	267
7-6	maa			3:15	46	9:40	257	15:36	56	21:45	276			3:06	40	9:45	250	15:30	49	21:45	268
8-6	din			4:00	43	10:20	265	16:21	51	22:25	276			3:56	38	10:15	258	16:25	45	22:30	268
9-6	woe			4:40	42	10:50	273	17:05	48	23:08	275			4:36	37	10:55	266	16:55	42	23:11	267
10-6	don 12:53 NM			5:16	42	11:25	279	17:46	46	23:45	274			5:18	36	11:24	272	17:40	39	23:48	266
11-6	vry			5:55	41	12:14	283	18:21	43	0:26	271			5:50	35	12:05	277	18:16	37	0:29	263
12-6	zat	0:26	271	6:26	41	12:40	285	18:56	43	0:55	266			0:29	263	6:26	35	12:45	278	18:55	36
13-6	zon	0:55	266	7:00	41	13:15	284	19:35	43					1:06	259	6:56	35	13:15	278	19:26	36
14-6	maa	1:35	260	7:30	43	13:51	284	20:05	44					1:46	253	7:26	37	13:56	277	20:00	37
15-6	din	2:18	254	8:06	46	14:25	283	20:45	46					2:26	247	7:58	40	14:25	276	20:36	39
16-6	woe	3:06	249	8:46	50	15:05	282	21:24	48					3:01	242	8:40	43	15:14	275	21:20	41
17-6	don	3:51	245	9:35	55	16:00	281	22:05	51					3:55	237	9:26	49	16:06	273	22:16	44
18-6	vry 5:54 EK	4:35	241	10:26	61	16:55	279	23:16	52					4:50	234	10:20	54	16:58	271	23:15	45
19-6	zat	5:41	241	11:30	64	17:55	278	0:21	50					5:55	233	11:26	58	17:55	271	0:16	43

Referentievlak :LAT		Lauwersoog LAT= NAP+ 175 53.4167° N, 6.2000° O								Schiermonnikoog LAT=NAP+168 53.4667° N, 6.2000° O 53°28'012 6°12'0														
datum	dag	maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm						
20-6	zon				0:21	50	6:55	244	12:45	63	18:55	279			0:16	43	6:55	237	12:40	56	19:10	272		
21-6	0-1				1:26	44	7:55	252	13:55	56	20:15	283			1:26	38	8:00	245	13:55	50	20:15	276		
22-6	din				2:35	38	8:55	263	14:56	47	21:15	287			2:26	32	8:55	255	14:56	41	21:20	280		
23-6	woe				3:35	34	10:00	275	15:55	40	22:21	290			3:30	28	9:55	267	15:56	33	22:26	282		
24-6	don	20:40	VM		4:30	33	10:44	285	17:05	34	23:16	289			4:24	28	10:54	278	17:00	27	23:20	282		
25-6	vry				5:26	35	11:40	294	18:00	28	0:10	286			5:20	29	11:46	286	18:01	22	0:16	278		
26-6	zat				0:10	286	6:16	36	12:25	299	18:56	24			0:16	278	6:15	30	12:30	292	18:55	18		
27-6	zon				1:00	280	7:05	36	13:15	302	19:46	22			1:05	273	7:01	30	13:20	296	19:41	15		
28-6	maa				1:56	273	7:51	36	14:06	303	20:26	22			2:00	266	7:46	30	14:06	296	20:25	16		
29-6	din				2:45	265	8:31	37	14:50	302	21:11	26			2:45	258	8:26	31	14:44	294	21:08	20		
30-6	woe				3:36	258	9:15	41	15:35	297	21:52	33			3:35	251	9:15	35	15:30	290	21:50	28		
1-7	don	23:11	LK		4:15	252	9:56	47	16:26	291	22:38	43			4:15	244	9:52	41	16:20	283	22:36	39		
2-7	vry				5:05	247	10:45	56	17:19	282	23:25	54			5:05	239	10:45	51	17:05	274	23:26	50		
3-7	zat				5:55	244	11:34	66	18:16	274	0:20	63			6:01	235	11:36	61	18:04	266	0:18	59		
4-7	zon				0:20	63	6:50	243	12:30	74	19:00	268			0:18	59	6:49	235	12:35	69	19:04	260		
5-7	maa				1:20	67	7:35	247	13:46	77	20:10	265			1:26	63	7:48	239	13:45	71	20:14	257		
6-7	din				2:25	66	8:40	255	14:45	73	21:05	266			2:20	61	8:49	247	14:45	67	21:04	258		
7-7	woe				3:16	62	9:39	264	15:46	67	21:55	268			3:16	57	9:45	257	15:46	61	22:05	260		
8-7	don				4:06	57	10:25	274	16:36	61	22:35	270			4:02	52	10:32	267	16:35	55	22:48	262		
9-7	vry				4:55	54	11:05	282	17:25	56	23:32	271			4:55	49	11:05	275	17:21	49	23:25	264		
10-7	zat	3:17	NM		5:30	51	11:53	287	18:05	51	0:11	271			5:35	46	11:45	281	17:55	45	0:10	264		
11-7	zon				0:11	271	6:10	49	12:30	291	18:45	47	0:51	269	0:10	264	6:10	43	12:33	284	18:41	40	0:55	262
12-7	maa				0:51	269	6:46	48	13:01	293	19:25	44			0:55	262	6:45	41	13:00	287	19:20	37		
13-7	din				1:25	266	7:26	47	13:35	295	20:06	43			1:35	259	7:25	41	13:35	288	20:00	36		
14-7	woe				2:05	263	8:00	47	14:16	296	20:45	43			2:15	256	7:54	42	14:21	289	20:36	37		
15-7	don				2:55	259	8:45	49	14:56	296	21:25	45			2:55	252	8:36	43	15:01	288	21:16	39		
16-7	vry				3:30	255	9:26	52	15:46	293	22:06	48			3:35	248	9:25	46	15:45	285	22:01	41		
17-7	zat	12:11	EK		4:20	252	10:14	55	16:30	289	22:56	52			4:25	244	10:06	49	16:35	281	22:46	45		
18-7	zon				5:05	249	11:06	59	17:25	283	23:55	56			5:15	242	11:00	52	17:30	276	23:46	49		
19-7	maa				6:10	249	12:11	62	18:29	277	0:50	58			6:15	242	12:06	57	18:35	271	0:50	52		
20-7	din				0:50	58	7:19	253	13:15	63	19:44	276			0:50	52	7:28	246	13:16	57	19:55	269		
21-7	woe				2:05	58	8:25	264	14:30	58	21:00	279			2:00	52	8:30	257	14:30	52	20:55	271		
22-7	don				3:09	55	9:38	277	15:46	51	22:05	282			3:05	49	9:35	270	15:40	44	22:16	275		
23-7	vry				4:10	51	10:36	291	16:55	42	23:12	284			4:09	46	10:41	283	16:55	36	23:16	277		
24-7	zat	4:37	VM		5:16	48	11:25	301	18:05	34	0:05	283			5:15	43	11:30	294	17:56	28	0:04	276		
25-7	zon				0:05	283	6:16	45	12:23	307	18:53	27	0:55	280	0:04	276	6:11	39	12:20	301	18:46	22		

Referentievlak :LAT		Lauwersoog				53.4167° N, 6.2000° O				Schiermonnikoog				53.4667° N, 6.2000° O							
		LAT= NAP+ 175								LAT=NAP+168		53°28'012 6°12'0									
datum	dag maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm		
26-7	maa	0:55	280	7:01	41	13:05	310	19:35	25			1:06	273	6:56	36	13:05	304	19:31	20		
27-7	din	1:46	275	7:41	38	13:55	310	20:15	26			1:50	269	7:37	33	13:50	304	20:10	21		
28-7	woe	2:25	270	8:15	36	14:25	307	20:51	30			2:36	263	8:15	31	14:30	300	20:49	25		
29-7	don	3:05	264	8:56	37	15:05	301	21:25	38			3:04	257	8:46	32	15:16	293	21:22	33		
30-7	vry	3:40	259	9:26	43	15:51	292	22:00	49			3:45	251	9:26	38	15:45	284	21:55	45		
31-7	zat 15:16 LK	4:26	253	10:06	53	16:30	280	22:40	62			4:15	246	10:06	48	16:30	273	22:36	58		
1-8	zon	5:00	249	10:50	65	17:09	269	23:25	75			5:00	242	10:46	61	17:18	261	23:20	70		
2-8	maa	5:45	246	11:34	79	18:09	259	0:04	86			5:44	239	11:25	75	18:05	252	0:10	81		
3-8	din			0:04	86	6:44	246	12:35	91	19:09	254			0:10	81	6:53	239	12:40	87	19:10	247
4-8	woe			1:20	91	7:50	252	13:55	94	20:22	255			1:25	87	7:54	245	14:05	89	20:29	247
5-8	don			2:35	87	9:05	262	15:10	85	21:25	261			2:35	82	8:59	255	15:10	79	21:33	253
6-8	vry			3:36	77	9:58	274	16:04	74	22:19	267			3:34	72	9:55	268	16:05	68	22:22	260
7-8	zat			4:30	68	10:45	285	17:00	63	23:16	272			4:26	63	10:48	278	16:56	57	23:05	265
8-8	zon 15:50 NM			5:16	62	11:30	293	17:46	54	23:55	275			5:10	55	11:25	286	17:46	48	0:01	269
9-8	maa			5:56	56	12:05	298	18:31	46	0:35	276	0:01	269	5:56	50	12:05	292	18:26	40	0:40	270
10-8	din	0:35	276	6:36	51	12:46	302	19:15	41			0:40	270	6:36	45	12:45	296	19:11	34		
11-8	woe	1:15	275	7:16	47	13:26	305	19:56	38			1:26	269	7:15	41	13:26	299	19:46	32		
12-8	don	1:59	273	7:56	45	13:55	307	20:36	39			1:54	267	7:50	39	14:04	300	20:26	33		
13-8	vry	2:30	271	8:30	45	14:45	305	21:11	43			2:34	264	8:26	40	14:46	298	21:05	38		
14-8	zat	3:11	267	9:15	48	15:26	300	21:45	50			3:15	260	9:06	42	15:26	293	21:41	44		
15-8	zon 17:20 EK	3:50	263	9:55	52	16:05	292	22:26	59			3:55	256	9:45	45	16:10	285	22:25	52		
16-8	maa	4:40	259	10:35	59	16:55	281	23:16	69			4:35	252	10:34	52	17:05	274	23:10	62		
17-8	din	5:35	256	11:40	68	18:04	271	0:22	79			5:40	250	11:36	62	18:06	264	0:23	73		
18-8	woe			0:22	79	6:55	258	12:56	75	19:30	267			0:23	73	6:50	251	12:56	69	19:41	260
19-8	don			1:35	82	8:10	268	14:20	71	20:55	271			1:35	76	8:15	261	14:22	65	20:55	264
20-8	vry			2:56	76	9:26	283	15:35	59	22:13	278			2:56	70	9:32	276	15:34	53	22:16	271
21-8	zat			4:06	65	10:26	298	16:55	45	23:05	284			4:06	60	10:30	292	16:55	39	23:05	277
22-8	zon 14:02 VM			5:11	55	11:21	309	17:51	34	0:00	285			5:06	50	11:14	302	17:46	29	0:06	278
23-8	maa	0:00	285	6:01	48	12:00	314	18:38	30	0:46	282	0:06	278	5:56	43	12:06	308	18:31	25	0:55	276
24-8	din	0:46	282	6:46	44	12:44	315	19:16	32			0:55	276	6:45	39	12:50	309	19:12	26		
25-8	woe	1:24	279	7:21	41	13:24	313	19:51	35			1:25	273	7:16	36	13:33	306	19:45	30		
26-8	don	1:55	275	7:56	39	14:00	308	20:21	40			2:06	269	7:51	33	14:04	301	20:21	35		
27-8	vry	2:25	271	8:26	40	14:36	299	20:55	48			2:35	265	8:20	34	14:35	292	20:46	43		
28-8	zat	3:01	267	8:58	45	15:05	288	21:21	58			2:55	260	8:55	40	15:05	281	21:21	53		
29-8	zon	3:30	262	9:30	55	15:38	276	21:50	70			3:35	255	9:26	50	15:39	269	21:46	65		
30-8	maa 9:13 LK	4:00	257	10:01	68	16:15	265	22:25	82			4:03	251	10:05	63	16:17	257	22:25	76		

Referentievlak :LAT			Lauwersoog				53.4167° N, 6.2000° O				Schiermonnikoog				53.4667° N, 6.2000° O							
			LAT= NAP+ 175								LAT=NAP+168		53°28'012 6°12'0									
datum	dag	maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm				
31-8	din		4:45	252	10:40	82	16:59	254	23:00	93												
1-9	woe		5:38	248	11:30	97	17:58	246	0:06	106												
2-9	don				0:06	106	6:55	250	12:34	108	19:30	246	7:09	243	12:49	104	19:43	239				
3-9	vry				1:29	111	8:15	260	14:35	102	20:50	255	1:27	105	8:20	254	14:30	95	21:04	248		
4-9	zat				2:55	98	9:21	275	15:35	83	22:00	267	3:06	92	9:30	269	15:34	77	21:55	260		
5-9	zon				3:55	82	10:22	288	16:36	66	22:51	276	3:55	76	10:26	282	16:36	60	22:50	270		
6-9	maa				4:50	69	11:00	299	17:25	53	23:35	281	4:46	63	11:06	293	17:25	47	23:35	275		
7-9	din	2:52 NM			5:36	60	11:46	305	18:11	44	0:20	284	5:30	53	11:46	300	18:06	38	0:20	278		
8-9	woe		0:20	284	6:20	52	12:21	310	18:51	38	0:55	284	0:20	278	6:16	46	12:26	304	18:46	32		
9-9	don		0:55	284	7:01	46	13:00	313	19:32	36			1:00	279	6:55	40	13:04	307	19:26	31		
10-9	vry		1:36	283	7:45	43	13:45	312	20:11	39			1:40	278	7:35	37	13:46	306	20:06	34		
11-9	zat		2:05	281	8:16	43	14:20	309	20:46	47			2:15	275	8:10	37	14:26	302	20:41	40		
12-9	zon		2:45	278	8:55	46	15:00	301	21:21	56			2:56	272	8:46	40	15:06	294	21:16	50		
13-9	maa	22:39 EK	3:26	275	9:36	53	15:45	289	22:02	69			3:25	269	9:26	46	15:56	282	21:56	62		
14-9	din		4:16	270	10:16	63	16:45	274	22:46	83			4:05	264	10:16	57	16:45	268	22:46	77		
15-9	woe		5:10	266	11:15	77	17:58	262	23:50	97			5:07	260	11:15	71	18:00	256	23:56	91		
16-9	don		6:25	266	12:46	86	19:16	259					6:30	260	12:45	80	19:35	253				
17-9	vry				1:26	101	7:55	275	14:14	78	20:56	266	1:25	95	8:00	268	14:07	72	20:55	260		
18-9	zat				2:45	89	9:12	290	15:36	61	21:55	277	2:46	82	9:05	284	15:30	54	22:05	271		
19-9	zon				3:56	72	10:11	305	16:36	45	22:55	284	3:56	66	10:16	299	16:36	39	23:00	279		
20-9	maa				4:56	59	11:00	313	17:31	37	23:46	285	4:55	53	11:05	307	17:26	32	23:45	280		
21-9	din	1:55 VM			5:46	52	11:40	315	18:13	38	0:20	284	5:41	46	11:45	309	18:09	32	0:20	279		
22-9	woe		0:20	284	6:21	49	12:15	313	18:48	43	0:45	282	0:20	279	6:21	43	12:20	308	18:45	38	0:55	277
23-9	don		0:45	282	6:55	48	12:50	310	19:19	48			0:55	277	6:51	42	13:01	303	19:13	42		
24-9	vry		1:22	281	7:25	46	13:20	304	19:45	52			1:19	275	7:21	40	13:25	297	19:46	47		
25-9	zat		1:45	280	7:56	47	13:50	295	20:11	57			1:55	274	7:50	41	14:06	287	20:10	52		
26-9	zon		2:10	277	8:22	52	14:15	283	20:36	66			2:15	271	8:16	47	14:25	276	20:36	60		
27-9	maa		2:46	272	8:55	62	14:55	272	21:05	74			2:41	267	8:46	56	14:49	265	21:05	68		
28-9	din		3:09	267	9:25	72	15:25	262	21:35	82			3:15	262	9:16	66	15:22	255	21:35	76		
29-9	woe	3:57 LK	3:40	263	9:55	82	16:05	252	22:14	92			3:40	257	9:55	77	16:05	245	22:15	87		
30-9	don		4:39	257	10:40	95	17:10	243	23:06	106			4:38	251	10:40	91	17:18	235	23:05	102		
1-10	vry		5:33	254	11:45	108	18:31	241	0:20	117			5:48	248	11:55	104	18:58	234	0:30	113		
2-10	zat				0:20	117	7:20	261	13:35	107	20:19	251	0:30	113	7:30	255	13:39	102	20:18	245		
3-10	zon				2:04	111	8:40	276	15:00	86	21:25	266	2:10	105	8:55	270	15:04	80	21:35	260		
4-10	maa				3:20	91	9:40	292	15:55	66	22:26	278	3:26	85	9:45	286	16:05	60	22:32	272		
5-10	din				4:16	74	10:36	303	16:55	52	23:10	286	4:16	68	10:25	297	16:46	45	23:14	280		



Referentievlak :LAT		Lauwersoog		53.4167° N, 6.2000° O						Schiermonnikoog		53.4667° N, 6.2000° O									
datum dag maanstand		LAT= NAP+ 175		lw cm		HW cm		lw cm		HW cm		LAT=NAP+168		53°28'012 6°12'0		lw cm		HW cm			
6-10	woe	13:05	NM	5:06	62	11:10	311	17:36	44	23:44	289			4:55	56	11:16	305	17:35	37	23:54	284
7-10	don			5:50	53	11:56	314	18:25	40	0:30	291			5:46	47	11:56	309	18:18	33	0:30	286
8-10	vry			6:36	47	12:36	315	19:05	40			0:30	286	6:36	41	12:40	310	18:56	34		
9-10	zat			7:16	43	13:16	312	19:41	44			1:15	286	7:15	37	13:20	307	19:36	38		
10-10	zon			7:58	42	13:56	306	20:16	52			1:51	286	7:55	37	14:04	300	20:10	45		
11-10	maa			8:35	46	14:34	295	20:50	62			2:26	284	8:26	40	14:45	289	20:55	56		
12-10	din			9:16	55	15:30	282	21:36	76			3:09	281	9:10	48	15:38	275	21:30	69		
13-10	woe	5:25	EK	10:06	67	16:30	267	22:20	91			3:55	277	10:05	61	16:35	261	22:20	85		
14-10	don			11:06	81	17:48	256	23:25	106			4:50	272	11:10	75	17:46	250	23:35	100		
15-10	vry			12:30	88	19:15	255					6:10	270	12:35	82	19:25	249				
16-10	zat			1:06	108	7:24	283	13:54	79	20:25	263			1:05	101	7:34	277	13:54	72	20:45	258
17-10	zon			2:25	94	8:45	295	15:15	62	21:40	275			2:35	87	8:55	290	15:11	55	21:45	270
18-10	maa			3:35	76	9:52	305	16:11	50	22:36	282			3:30	69	9:55	301	16:15	44	22:35	277
19-10	din			4:26	64	10:36	310	17:05	47	23:19	283			4:30	57	10:46	305	17:01	40	23:15	279
20-10	woe	16:57	VM	5:13	58	11:16	309	17:40	50	23:48	283			5:15	52	11:26	304	17:36	44	23:56	279
21-10	don			5:51	57	11:40	306	18:16	56	0:15	285			5:51	51	11:56	301	18:10	49	0:20	280
22-10	vry			6:25	57	12:15	303	18:41	59	0:35	288			6:20	50	12:15	296	18:36	53	0:39	282
23-10	zat			6:50	55	12:45	297	19:06	61			0:39	282	6:55	50	12:55	290	19:05	55		
24-10	zon			7:20	56	13:26	288	19:35	64			1:15	283	7:20	50	13:15	281	19:30	58		
25-10	maa			7:55	61	13:52	278	20:00	68			1:35	280	7:49	55	13:55	271	19:56	63		
26-10	din			8:16	68	14:07	268	20:26	74			2:04	276	8:16	62	14:20	261	20:26	68		
27-10	woe			8:46	74	14:49	259	20:58	78			2:35	272	8:46	69	14:48	252	20:54	73		
28-10	don	22:05	LK	9:16	81	15:39	250	21:36	87			3:14	267	9:20	76	15:38	243	21:34	82		
29-10	vry			10:05	90	16:34	243	22:30	99			4:02	262	10:10	86	16:49	235	22:32	96		
30-10	zat			11:15	100	18:02	241	23:41	111			5:09	258	11:15	96	18:10	234	23:45	107		
31-10	zon			11:39	100	18:30	249	0:04	110			5:21	261	11:56	95	18:40	243	0:15	104		
1-11	maa			0:04	110	6:52	279	13:14	83	19:51	263			0:15	104	7:04	273	13:10	77	19:46	257
2-11	din			1:36	93	7:54	293	14:16	64	20:45	276			1:36	87	8:05	287	14:16	58	20:56	270
3-11	woe			2:35	75	8:56	304	15:06	51	21:30	286			2:35	69	8:55	299	15:06	45	21:35	280
4-11	don	22:15	NM	3:30	62	9:41	311	16:03	45	22:25	291			3:26	56	9:40	306	15:55	38	22:25	286
5-11	vry			4:20	53	10:26	314	16:48	43	22:55	295			4:15	47	10:25	308	16:45	37	23:04	290
6-11	zat			5:11	47	11:13	312	17:31	45	23:36	298			5:00	41	11:16	307	17:26	39	23:40	293
7-11	zon			5:55	44	11:56	307	18:10	49	0:15	299			5:46	38	12:01	302	18:11	43	0:24	294
8-11	maa			6:41	43	12:34	298	18:55	56			0:24	294	6:30	37	12:46	293	18:44	50		
9-11	din			7:21	47	13:25	287	19:35	65			1:06	294	7:16	41	13:36	281	19:31	58		
10-11	woe			8:06	55	14:20	274	20:16	76			1:45	292	8:06	49	14:25	268	20:16	70		

Referentievlak :LAT			Lauwersoog				53.4167° N, 6.2000° O				Schiermonnikoog				53.4667° N, 6.2000° O									
			LAT= NAP+ 175								LAT=NAP+168		53°28'012 6°12'0											
datum	dag	maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm				
11-11	don	13:46 EK	2:35	293	8:56	66	15:20	262	21:06	89					2:35	288	8:56	60	15:25	256	21:11	83		
12-11	vry		3:35	288	9:56	77	16:30	254	22:16	101					3:35	283	9:56	71	16:40	248	22:16	94		
13-11	zat		4:48	285	11:16	83	17:35	252	23:35	104					4:49	280	11:10	76	18:01	246	23:35	97		
14-11	zon		6:05	287	12:25	78	19:05	258	0:56	95					6:10	282	12:30	71	19:15	253	0:50	87		
15-11	maa				0:56	95	7:15	293	13:34	68	20:16	267					0:50	87	7:25	288	13:36	62	20:20	263
16-11	din				1:56	82	8:22	298	14:35	61	20:55	274					1:58	74	8:25	294	14:30	54	21:05	270
17-11	woe				2:55	72	9:05	300	15:20	59	21:40	279					2:47	65	9:05	295	15:20	52	21:51	274
18-11	don				3:36	67	9:35	298	16:00	61	22:15	282					3:36	60	9:55	293	16:05	55	22:15	278
19-11	vry	9:57 VM			4:20	65	10:15	296	16:36	64	22:38	287					4:14	59	10:15	290	16:36	58	22:35	282
20-11	zat				4:50	64	10:45	293	17:05	65	23:05	292					4:50	58	10:55	287	17:02	59	23:16	287
21-11	zon				5:26	64	11:26	288	17:35	65	23:41	293					5:26	58	11:25	282	17:36	60	23:45	288
22-11	maa				5:56	64	11:55	281	18:05	66	0:16	291					5:55	58	12:00	275	18:00	60	0:15	286
23-11	din		0:16	291	6:26	67	12:25	273	18:30	68	0:30	288			0:15	286	6:25	61	12:35	266	18:35	63	0:48	282
24-11	woe		0:30	288	6:56	71	12:53	265	18:56	71					0:48	282	6:56	66	13:05	258	18:56	66		
25-11	don		1:10	285	7:26	74	13:30	258	19:35	74					1:09	279	7:26	69	13:39	250	19:29	69		
26-11	vry		1:50	282	8:00	77	14:15	251	20:15	80					1:50	276	8:06	73	14:20	244	20:10	75		
27-11	zat	13:28 LK	2:29	279	8:52	82	15:19	245	21:06	89					2:43	272	8:50	77	15:20	238	21:06	85		
28-11	zon		3:35	277	9:56	87	16:25	244	22:16	97					3:45	270	9:56	82	16:30	237	22:16	93		
29-11	maa		4:25	277	11:12	86	17:40	248	23:31	97					4:44	271	11:09	80	17:54	242	23:34	92		
30-11	din		5:48	282	12:26	76	19:05	258	0:46	87					6:09	276	12:26	70	19:11	252	0:50	81		
1-12	woe				0:46	87	7:12	290	13:35	62	20:05	270					0:50	81	7:18	285	13:30	56	20:11	264
2-12	don				1:56	73	8:05	299	14:30	52	20:56	282					1:55	67	8:15	294	14:30	46	21:00	276
3-12	vry				2:55	61	9:11	305	15:25	48	21:46	291					2:50	55	9:10	300	15:20	42	21:45	285
4-12	zat	8:43 NM			3:51	53	10:00	307	16:16	48	22:25	298					3:45	47	10:06	301	16:10	42	22:36	292
5-12	zon				4:45	48	10:52	304	17:05	50	23:10	303					4:40	42	10:55	298	17:00	44	23:15	297
6-12	maa				5:36	45	11:40	298	17:50	53	0:05	305					5:35	39	11:45	292	17:46	47	0:06	300
7-12	din		0:05	305	6:27	44	12:31	289	18:36	57	0:46	306			0:06	300	6:20	37	12:44	283	18:36	51	0:45	301
8-12	woe		0:46	306	7:16	45	13:20	279	19:21	61					0:45	301	7:16	39	13:25	273	19:16	55		
9-12	don		1:31	305	8:01	49	14:05	268	20:06	68					1:30	300	8:00	43	14:26	263	20:05	61		
10-12	vry		2:26	301	8:46	57	15:11	260	20:56	76					2:25	296	8:46	51	15:15	254	20:55	69		
11-12	zat	2:35 EK	3:15	296	9:45	66	16:05	253	21:46	84					3:20	291	9:41	60	16:12	247	21:55	78		
12-12	zon		4:21	290	10:45	74	17:05	250	22:50	90					4:20	285	10:40	68	17:15	244	22:54	84		
13-12	maa		5:21	286	11:44	78	18:10	250	0:06	92					5:25	280	11:44	72	18:25	245	0:06	85		
14-12	din				0:06	92	6:35	283	12:46	77	19:05	255					0:06	85	6:40	277	12:46	71	19:30	250
15-12	woe				1:10	87	7:35	283	13:46	74	20:21	263					1:10	80	7:40	278	13:46	68	20:20	258
16-12	don				2:10	80	8:35	283	14:36	71	21:05	271					2:04	74	8:38	278	14:36	65	21:08	266

Referentievlak :LAT		Lauwersoog LAT= NAP+ 175 53.4167° N, 6.2000° O								Schiermonnikoog LAT=NAP+168 53.4667° N, 6.2000° O 53°28'012 6°12'0												
datum	dag	maanstand	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm	HW	cm	lw	cm				
17-12	vry				2:59	75	9:09	283	15:25	69	21:35	279			3:01	68	9:14	278	15:20	63	21:35	274
18-12	zat				3:46	71	9:44	283	16:00	68	22:15	286			3:46	65	9:55	277	16:05	63	22:15	281
19-12	zon	5:35 VM			4:26	69	10:21	282	16:34	68	22:45	292			4:26	63	10:30	276	16:36	62	22:50	287
20-12	maa				5:05	67	11:05	279	17:10	66	23:21	294			5:02	61	11:11	273	17:08	61	23:25	289
21-12	din				5:40	66	11:35	275	17:45	65	23:55	294			5:40	60	11:35	269	17:40	59	23:55	289
22-12	woe				6:16	66	12:04	270	18:16	65	0:20	293			6:15	60	12:20	264	18:15	59	0:30	288
23-12	don		0:20	293	6:46	66	12:40	265	18:46	65	0:50	293	0:30	288	6:46	61	12:50	258	18:46	60		
24-12	vry		0:50	293	7:15	67	13:20	260	19:20	66			1:05	286	7:15	62	13:30	253	19:20	61		
25-12	zat		1:38	291	7:56	68	14:05	255	20:00	69			1:40	285	7:45	63	14:15	248	20:05	64		
26-12	zon		2:26	289	8:41	69	14:55	251	20:45	73			2:25	283	8:34	64	15:00	244	20:50	67		
27-12	maa	3:24 LK	3:05	287	9:34	71	15:50	249	21:46	78			3:18	280	9:35	65	15:55	242	21:46	72		
28-12	din		3:59	284	10:36	72	16:50	249	22:55	80			4:15	278	10:36	66	16:59	242	22:50	74		
29-12	woe		5:09	282	11:45	70	18:00	253	0:06	78			5:15	277	11:45	64	18:12	247	0:06	72		
30-12	don				0:06	78	6:25	283	12:55	65	19:20	262			0:06	72	6:29	278	12:55	59	19:21	257
31-12	vry				1:20	70	7:45	287	13:56	59	20:26	275			1:16	64	7:35	282	13:55	53	20:25	269