

Referentievlak :LAT		HW lw																			
datum dag		HW		lw		HW		lw		HW		lw		HW		HW		lw		HW	
1-1 zon				2:17	70	8:48	170	14:53	70	21:26	160			03:22	89	09:09	379	15:56	77	21:45	337
2-1 maa				3:14	80	9:53	160	15:54	70	22:31	160			04:16	84	10:14	368	16:57	78	22:48	337
3-1 din				4:24	80	11:00	160	17:15	80	23:34	160			05:24	78	11:21	357	18:04	77	23:51	339
4-1 woe				5:51	70	12:04	160	18:22	70	0:33	160			06:36	69	12:25	350	19:06	75	00:47	343
5-1 don		0:33	160	6:52	60	13:03	160	19:14	70			00:47	343	07:35	63	13:21	348	19:54	77		
6-1 vry		1:24	160	7:41	60	13:52	160	19:58	70			01:33	350	08:20	64	14:06	351	20:34	82	0:02	280
7-1 zat 01:08 VM		2:08	160	8:25	60	14:35	160	20:37	80			02:12	360	08:57	71	14:43	358	21:07	89	0:47	280
8-1 zon		2:47	160	9:04	70	15:12	160	21:10	90			02:47	373	09:31	80	15:17	368	21:40	96	1:25	270
9-1 maa		3:22	160	9:39	80	15:47	160	21:38	90			03:21	385	10:05	86	15:53	376	22:14	103	1:58	270
10-1 din		3:54	160	10:08	80	16:19	160	22:02	90			03:57	393	10:39	91	16:30	378	22:47	110	2:27	270
11-1 woe		4:22	160	10:36	80	16:46	160	22:29	90			04:32	395	11:13	93	17:06	373	23:19	113	2:54	270
12-1 don		4:47	160	11:05	80	17:12	160	23:03	80			05:04	390	11:45	92	17:40	363	23:50	111	3:21	280
13-1 vry		5:16	170	11:41	70	17:42	160	23:44	80			05:35	383	12:18	89	18:12	354	00:24	106	3:51	280
14-1 zat		5:52	170	12:24	70	18:18	160	0:33	80					00:24	106	06:09	376	12:54	85	4:24	280
15-1 zon 03:10 LK				0:33	80	6:34	160	13:15	80	19:02	160			01:05	101	06:51	369	13:37	85	5:04	280
16-1 maa				1:31	90	7:24	160	14:13	80	20:03	150			01:54	101	07:41	362	14:28	90		
17-1 din				2:35	90	8:45	160	15:15	90	21:34	150			02:51	105	08:41	355	15:29	96	1:40	60
18-1 woe				3:42	90	10:10	160	16:20	90	22:46	160			04:01	110	09:50	350	16:41	99	2:50	60
19-1 don				4:54	90	11:19	160	17:31	80	23:47	160			05:24	105	11:09	350	17:57	95	4:00	50
20-1 vry				6:13	70	12:20	160	18:43	70	0:43	160			06:39	90	12:23	354	19:05	84	5:15	40
21-1 zat 21:53 NM		0:43	160	7:20	60	13:19	160	19:43	70			00:56	368	07:45	70	13:30	359	20:07	72	6:29	20
22-1 zon		1:37	170	8:17	40	14:15	160	20:37	60			01:54	378	08:48	51	14:30	363	21:05	60	0:14	280
23-1 maa		2:30	170	9:09	30	15:07	160	21:26	50			02:48	386	09:46	36	15:24	363	21:59	51	1:14	290
24-1 din		3:20	170	9:56	30	15:54	160	22:10	50			03:40	392	10:38	29	16:15	361	22:48	47	2:09	300
25-1 woe		4:07	170	10:40	30	16:38	160	22:52	50			04:30	396	11:26	30	17:02	357	23:33	47	2:56	310
26-1 don		4:53	170	11:21	30	17:22	160	23:32	40			05:16	398	12:10	39	17:45	352	00:15	52	3:39	320
27-1 vry		5:39	170	12:01	30	18:07	160	0:13	50					00:15	52	06:00	396	12:51	50	4:19	320
28-1 zat 16:19 EK				0:13	50	6:25	170	12:42	40	18:53	160			00:55	57	06:42	388	13:31	60	5:00	310
29-1 zon				0:56	50	7:15	170	13:25	60	19:44	160			01:37	61	07:28	374	14:13	68		
30-1 maa				1:42	60	8:09	160	14:12	80	20:41	160			02:26	66	08:24	356	15:04	76	0:49	30
31-1 din				2:33	80	9:11	160	15:05	90	21:46	160			03:27	71	09:30	338	16:05	84	1:44	50
1-2 woe				3:33	90	10:24	160	16:10	110	23:02	160			04:40	74	10:45	328	17:19	88	2:47	60
2-2 don				5:23	100	11:45	160	17:59	100	0:13	160			06:03	73	12:04	329	18:38	87	4:08	70
3-2 vry		0:13	160	6:35	80	12:49	160	18:56	90	1:08	160	00:25	335	07:14	69	13:10	340	19:36	84	5:38	60
4-2 zat		1:08	160	7:25	70	13:38	160	19:42	80			01:22	351	08:04	70	13:57	352	20:19	86	6:34	40
5-2 zon 19:28 VM		1:52	160	8:09	60	14:19	160	20:21	80			02:04	366	08:44	75	14:34	361	20:55	90	0:28	270
6-2 maa		2:29	160	8:48	60	14:54	160	20:56	80			02:39	377	09:19	79	15:06	369	21:28	91	1:07	270
7-2 din		3:02	160	9:22	70	15:27	160	21:26	80			03:11	385	09:52	78	15:38	373	22:01	88	1:40	270
8-2 woe		3:32	160	9:52	70	15:56	160	21:55	80			03:43	387	10:24	73	16:11	372	22:32	83	2:08	270
9-2 don		4:00	160	10:21	70	16:22	160	22:24	70			04:16	385	10:55	66	16:45	367	23:03	77	2:36	280

Referentievlak :LAT		lw		Grote anleger										Föhr									
				bron: https://gezeitenfisch.com/de/schleswig-holstein/grote-anleger										0:40 LW ebron: https://gezeitenfisch.com/de/schleswig-holstein/normann-we									
datum	dag	HW		lw		HW		lw		HW		lw		HW		lw		HW		lw		HW	
10-2	vry	4:27	170	10:51	70	16:48	160	22:54	70			04:49	379	11:25	61	17:17	360	23:32	71			3:04	280
11-2	zat	4:56	170	11:23	70	17:17	160	23:30	70			05:19	373	11:54	60	17:45	354	00:03	68			3:33	290
12-2	zon	5:30	170	12:00	70	17:48	160	0:12	70					00:03	68	05:48	369	12:24	62	18:14	351	4:03	290
13-2	maa	17:01 LK		0:12	70	6:06	160	12:44	80	18:22	160			00:37	69	06:21	366	13:01	69	18:50	350	4:35	280
14-2	din			1:02	80	6:46	160	13:37	90	19:02	160			01:18	77	07:04	362	13:45	81	19:36	348		
15-2	woe			2:02	90	7:41	160	14:38	100	20:21	150			02:10	90	08:01	352	14:42	95	20:38	343		
16-2	don			3:10	100	9:38	150	15:46	110	22:14	150			03:18	100	09:13	340	15:58	105	21:58	341		
17-2	vry			4:25	100	11:00	150	17:02	110	23:26	160			04:53	99	10:46	336	17:32	100	23:28	348		
18-2	zat	08:06 NM		5:57	80	12:10	160	18:28	90	0:29	160			06:23	79	12:16	342	18:52	83	00:44	362		
19-2	zon			0:29	160	7:09	50	13:11	160	19:32	70			00:44	362	07:37	55	13:27	353	19:59	63		
20-2	maa			1:27	170	8:05	30	14:06	160	20:24	50			01:47	376	08:40	35	14:23	361	20:57	47	0:06	280
21-2	din			2:19	170	8:54	20	14:54	160	21:12	40			02:40	387	09:34	24	15:12	363	21:47	37	1:07	300
22-2	woe			3:06	170	9:39	10	15:37	160	21:54	30			03:28	395	10:22	23	15:57	362	22:31	34	1:59	310
23-2	don	09:06 EK		3:50	170	10:20	20	16:17	160	22:33	30			04:13	398	11:05	28	16:38	359	23:12	34	2:42	320
24-2	vry			4:32	170	10:58	20	16:57	160	23:10	30			04:53	396	11:42	36	17:15	355	23:48	36	3:21	320
25-2	zat			5:14	170	11:34	30	17:38	160	23:46	40			05:31	389	12:16	45	17:50	350	00:22	38	3:57	320
26-2	zon			5:57	170	12:09	50	18:19	160	0:23	50					00:22	38	06:08	375	12:47	53	4:33	310
27-2	maa					0:23	50	6:41	170	12:46	60	19:05	160			00:57	42	06:48	358	13:22	62	5:12	300
28-2	din	13:40 VM		1:04	60	7:30	160	13:27	80	19:56	160			01:38	51	07:38	338	14:05	77	19:57	325		
1-3	woe			1:51	80	8:28	160	14:16	110	20:58	160			02:33	67	08:43	321	15:06	96	21:06	318		
2-3	don			2:47	100	9:41	150	15:14	120	22:18	150			03:47	84	10:01	314	16:28	111	22:26	322		
3-3	vry			4:06	120	11:19	150	17:35	130	23:42	160			05:21	93	11:32	322	18:05	112	23:52	339		
4-3	zat			6:15	90	12:24	150	18:34	100	0:38	160			06:46	88	12:47	339	19:10	103	00:58	360		
5-3	zon	03:08 LK		0:38	160	7:03	70	13:11	160	19:18	90			00:58	360	07:40	82	13:37	355	19:55	95		
6-3	maa			1:21	160	7:44	60	13:50	160	19:56	80			01:43	374	08:21	77	14:13	363	20:33	88	0:00	260
7-3	din			1:57	160	8:20	60	14:24	160	20:30	70			02:18	380	08:56	71	14:44	366	21:07	79	0:38	270
8-3	woe			2:30	160	8:53	50	14:55	160	21:03	70			02:50	380	09:29	62	15:14	366	21:39	67	1:11	270
9-3	don			3:01	170	9:26	50	15:25	160	21:35	60			03:22	377	10:00	52	15:46	365	22:11	56	1:42	280
10-3	vry	18:23 NM		3:32	170	9:57	50	15:54	160	22:07	60			03:54	374	10:31	44	16:19	363	22:41	49	2:14	290
11-3	zat			4:03	170	10:29	60	16:23	160	22:39	60			04:26	371	11:00	43	16:49	360	23:11	47	2:46	290
12-3	zon			4:36	170	11:01	60	16:53	160	23:13	60			04:56	369	11:28	47	17:18	358	23:41	50	3:17	290
13-3	maa			5:10	170	11:36	70	17:23	160	23:52	60			05:26	366	11:57	55	17:46	358	00:13	58	3:47	280
14-3	din			5:45	160	12:15	80	17:54	160	0:37	80					00:13	58	05:58	363	12:31	67	4:16	270
15-3	woe	03:08 LK		0:37	80	6:23	160	13:04	100	18:31	160			00:53	69	06:41	355	13:14	82	19:07	353	4:51	250
16-3	don			1:35	90	7:14	150	14:06	110	19:28	150			01:46	83	07:40	340	14:13	99	20:13	345		
17-3	vry			2:46	100	9:16	150	15:18	120	21:50	150			03:01	92	09:02	326	15:38	109	21:43	340		
18-3	zat			4:04	100	10:46	150	16:38	110	23:09	160			04:49	86	10:47	326	17:24	99	23:21	350		
19-3	zon			5:42	80	11:56	160	18:12	90	0:13	160			06:15	63	12:13	340	18:42	76	00:36	368		
20-3	maa	18:23 NM		0:13	160	6:52	40	12:54	160	19:14	60	1:09	170	00:36	368	07:28	42	13:16	354	19:47	56		
21-3	din			1:09	170	7:45	20	13:46	160	20:05	30			01:35	385	08:27	28	14:08	362	20:41	42		
22-3	woe			2:00	170	8:32	0	14:32	160	20:50	20			02:24	395	09:16	24	14:52	365	21:27	35	0:53	310
23-3	don			2:45	170	9:16	10	15:13	160	21:32	20			03:08	398	09:59	26	15:31	364	22:09	30	1:41	320
24-3	vry			3:27	170	9:55	20	15:51	170	22:10	20			03:47	396	10:36	31	16:08	362	22:46	27	2:23	320
25-3	zat			4:07	170	10:30	30	16:29	170	22:44	30			04:25	388	11:09	35	16:43	359	23:19	25	2:59	310

Referentievlak :LAT		lw		 bron: https://gezeitenfisch.com/de/schleswig-holstein/groede-anleger										 0:40 LW e bron: https://gezeitenfisch.com/de/schleswig-holstein/normann-we																
datum	dag	HW		lw		HW		lw		HW		lw		HW		HW		lw		HW										
26-3	zon	5:47	170	12:02	40	18:07	170	0:16	40	06:01	377	12:38	40	18:16	356	00:50	20	4:32	310	11:17	0	16:48	290	23:28	-10					
27-3	maa			0:16	40	6:27	170	12:33	60	18:46	170	00:50	20	06:37	362	13:06	48	18:49	351	5:05	300	11:42	10	17:20	290	23:58	0			
28-3	din			0:49	50	7:09	160	13:04	70	19:28	160	01:22	30	07:15	347	13:38	63	19:24	344	5:41	280	12:12	20	17:58	280	0:34	20			
29-3	woe	04:32 EK		1:26	60	7:55	160	13:40	90	20:15	160	01:59	50	08:00	333	14:17	86	20:10	338			0:34	20	6:23	260	12:49	50	18:44	260	
30-3	don			2:10	80	8:49	150	14:25	110	21:13	160	02:47	70	08:57	322	15:09	113	21:15	334			1:19	50	7:17	230	13:37	80	19:43	240	
31-3	vry			3:05	100	9:55	150	15:24	130	22:23	150	03:55	100	10:12	317	16:26	135	22:36	337			2:21	80	8:26	210	14:46	110	20:57	230	
1-4	zat			4:15	120	11:29	150	16:37	130	23:48	160	05:30	110	11:41	325	18:11	138	00:03	351			3:46	100	9:53	210	16:18	120	22:20	230	
2-4	zon			6:41	100	12:42	150	18:57	120	0:51	160	00:03	351	07:03	100	13:04	341	19:29	121			5:31	90	11:13	220	17:54	100	23:28	240	
3-4	maa		0:51	160	7:28	80	13:29	160	19:41	90		01:16	368	08:02	80	13:59	355	20:19	101			6:32	60	12:08	240	18:49	70	0:16	260	
4-4	din		1:35	160	8:07	60	14:08	160	20:19	70		02:06	377	08:46	70	14:38	362	21:00	82		0:16	260	7:16	30	12:49	250	19:33	40	0:56	270
5-4	woe		2:13	170	8:43	50	14:43	160	20:56	60		02:46	377	09:23	50	15:12	362	21:36	66		0:56	270	7:57	10	13:25	270	20:13	20		
6-4	don	06:34 VM	2:50	170	9:19	40	15:17	160	21:33	50		03:21	372	09:57	40	15:44	361	22:10	52		1:32	290	8:36	0	14:00	270	20:52	10		
7-4	vry		3:27	170	9:55	40	15:51	160	22:10	50		03:53	369	10:30	40	16:16	362	22:44	44		2:10	290	9:13	-10	14:35	280	21:29	0		
8-4	zat		4:03	170	10:30	40	16:24	160	22:45	50		04:26	368	11:02	30	16:48	363	23:17	41		2:48	290	9:48	0	15:10	280	22:03	0		
9-4	zon		4:38	170	11:04	50	16:57	160	23:20	50		04:58	368	11:34	40	17:20	365	23:49	44		3:25	290	10:19	10	15:44	280	22:33	10		
10-4	maa		5:15	170	11:37	60	17:30	160	23:55	50		05:32	367	12:04	40	17:53	367	00:22	50		4:01	280	10:48	20	16:16	270	23:03	10		
11-4	din		5:52	160	12:12	70	18:04	160	0:34	60			00:22	50	06:07	363	12:35	60	18:26	368	4:34	270	11:17	30	16:45	260	23:37	20		
12-4	woe			0:34	60	6:31	160	12:50	80	18:39	160		00:58	50	06:46	355	13:12	72	19:05	366	5:09	250	11:52	40	17:15	260	0:19	30		
13-4	don	11:11 LK		1:20	70	7:14	160	13:39	100	19:20	160		01:42	60	07:35	342	13:58	86	19:57	359			0:19	30	5:51	240	12:37	60	17:59	240
14-4	vry			2:20	80	8:24	150	14:44	110	20:50	160		02:42	70	08:42	327	15:04	99	21:08	350			1:14	50	7:03	220	13:39	90	19:32	230
15-4	zat			3:31	90	10:04	150	15:57	120	22:32	160		04:09	80	10:13	319	16:40	103	22:44	350			2:35	70	8:36	210	15:06	100	21:04	240
16-4	zon			4:47	80	11:27	150	17:16	110	23:48	160		05:47	60	11:45	327	18:13	89	00:11	364			4:00	60	10:01	220	16:30	90	22:23	260
17-4	maa			6:17	60	12:33	160	18:46	80	0:50	170	00:11	364	07:04	50	12:59	343	19:25	69			5:21	40	11:15	250	17:51	50	23:34	280	
18-4	din		0:50	170	7:26	30	13:30	160	19:49	50		01:20	382	08:11	30	13:59	356	20:28	53			6:36	0	12:19	270	19:01	20	0:37	300	
19-4	woe		1:45	170	8:19	10	14:20	160	20:40	30		02:16	394	09:07	20	14:47	363	21:20	43		0:37	300	7:35	-30	13:14	290	19:57	-10		
20-4	don	06:14 NM	2:35	170	9:06	10	15:06	170	21:26	20		03:03	397	09:53	30	15:28	364	22:05	36		1:31	310	8:25	-40	14:02	290	20:45	-30		
21-4	vry		3:20	170	9:49	10	15:46	170	22:07	20		03:44	392	10:32	30	16:05	363	22:44	29		2:19	310	9:09	-30	14:43	290	21:28	-30		
22-4	zat		4:02	170	10:28	30	16:23	170	22:45	30		04:22	385	11:06	30	16:40	364	23:20	23		2:59	310	9:48	-20	15:18	290	22:06	-20		
23-4	zon		4:42	170	11:02	50	17:01	170	23:18	40		05:00	376	11:36	30	17:15	364	23:52	22		3:35	300	10:21	0	15:50	290	22:38	-10		
24-4	maa		5:21	170	11:30	60	17:39	170	23:49	50		05:38	367	12:05	40	17:49	363	00:24	20		4:07	290	10:47	10	16:20	290	23:05	0		
25-4	din		6:01	160	11:55	70	18:17	170	0:19	50			00:24	20	06:16	357	12:36	54	18:23	361	4:40	280	11:11	20	16:53	290	23:33	10		
26-4	woe			0:19	50	6:43	160	12:23	70	18:57	160		00:56	40	06:54	349	13:09	76	18:59	359	5:15	270	11:40	30	17:29	280	0:07	30		
27-4	don	23:20 EK		0:53	70	7:26	160	12:58	80	19:39	160		01:33	60	07:35	341	13:46	102	19:42	359			0:07	30	5:55	250	12:15	50	18:11	270
28-4	vry			1:35	80	8:14	150	13:42	100	20:31	160		02:19	90	08:27	336	14:33	126	20:39	359			0:48	50	6:44	230	12:59	80	19:05	250
29-4	zat			2:28	100	9:12	150	14:39	120	21:32	160		03:20	110	09:33	333	15:38	143	21:51	361			1:43	80	7:45	210	13:58	100	20:10	230
30-4	zon			3:34	110	10:20	150	15:50	120	22:38	160		04:39	110	10:52	337	17:03	143												

Referentievlak :LAT		lw		Grote anleger										Föhr					
				bron: https://gezeitenfisch.com/de/schleswig-holstein/grote-anleger										bron: https://gezeitenfisch.com/de/schleswig-holstein/normann-we					
datum	dag	HW		lw		HW		lw		HW		lw		HW		lw		HW	
9-5	din	4:56	160	11:16	70	17:11	160	23:41	60	05:13	369	11:44	50	17:34	382	00:11	40	3:45	270
10-5	woe	5:39	160	11:52	80	17:51	160	0:23	60			00:11	40	05:57	361	12:21	61	4:26	260
11-5	don			0:23	60	6:24	160	12:34	90	18:36	160			00:53	50	06:45	350	13:03	69
12-5	vry	16:28		1:13	70	7:19	160	13:26	90	19:34	160			01:44	50	07:41	338	13:56	79
13-5	zat			2:14	70	8:30	150	14:32	100	20:54	160			02:50	60	08:49	329	15:06	87
14-5	zon			3:18	70	9:47	150	15:39	100	22:11	160			04:14	60	10:08	327	16:32	87
15-5	maa			4:26	70	11:01	160	16:49	90	23:22	170			05:30	50	11:24	335	17:49	77
16-5	din			5:42	50	12:05	160	18:09	70	0:24	170			06:39	40	12:31	346	18:58	65
17-5	woe	0:24	170	6:54	30	13:02	160	19:19	50	00:53	389	07:44	40	13:29	354	20:01	55	00:53	389
18-5	don	1:19	170	7:50	20	13:53	160	20:13	30	01:48	391	08:39	30	14:17	358	20:55	45	6:00	0
19-5	vry	17:53 NM		8:39	20	14:39	160	21:01	30	02:36	385	09:24	30	14:58	359	21:40	37	11:49	280
20-5	zat			9:23	30	15:21	160	21:44	30	03:18	377	10:02	40	15:35	361	22:19	31	18:29	10
21-5	zon			10:02	50	16:00	160	22:23	40	03:57	370	10:34	40	16:11	364	22:54	28	19:29	-10
22-5	maa			10:35	60	16:38	170	22:58	50	04:37	366	11:06	40	16:49	368	23:27	32	20:19	-20
23-5	din			11:02	70	17:17	170	23:28	60	05:17	365	11:39	50	17:26	372	00:02	40	21:04	-20
24-5	woe			11:25	80	17:56	170	23:57	70			00:02	40	05:57	363	12:13	71	21:43	-10
25-5	don			11:52	80	18:33	170	0:29	70			00:37	60	06:36	361	12:48	94	22:17	10
26-5	vry			0:29	70	7:02	160	12:27	80	19:10	160			01:15	80	07:16	357	22:47	20
27-5	zat	17:22 EK		1:09	80	7:42	150	13:10	90	19:51	160			01:58	100	08:02	353	23:15	30
28-5	zon			1:59	90	8:29	150	14:04	100	20:43	160			02:50	100	08:57	349	23:47	40
29-5	maa			2:58	90	9:26	150	15:10	110	21:44	160			03:51	100	10:02	346	0:24	50
30-5	din			4:01	90	10:30	150	16:18	100	22:49	160			04:58	90	11:10	348	6:13	230
31-5	woe			5:05	80	11:34	160	17:27	90	23:51	160			06:05	70	12:12	352	7:02	220
1-6	don			6:12	60	12:30	160	18:38	70	0:46	170	00:29	365	07:03	60	13:05	357	8:02	220
2-6	vry	0:46	170	7:13	50	13:19	170	19:40	60	01:21	365	07:53	50	13:51	363	20:18	65	8:02	220
3-6	zat	1:37	170	8:06	40	14:05	170	20:32	50	02:06	367	08:39	50	14:33	371	21:04	58	8:02	220
4-6	zon	05:42 VM		8:54	40	14:49	170	21:20	50	02:47	370	09:23	50	15:12	379	21:50	52	8:02	220
5-6	maa			9:39	50	15:32	170	22:06	50	03:28	373	10:06	50	15:52	387	22:35	47	8:02	220
6-6	din			10:21	60	16:15	170	22:51	50	04:13	373	10:49	50	16:35	392	23:21	43	8:02	220
7-6	woe			11:02	70	16:59	170	23:35	60	05:02	369	11:32	50	17:21	394	00:08	40	8:02	220
8-6	don			11:44	80	17:47	170	0:21	60			00:08	40	05:53	361	12:17	58	8:02	220
9-6	vry			0:21	60	6:24	160	12:29	80	18:39	170			00:58	40	06:45	352	8:02	220
10-6	zat	21:31 LK		1:11	60	7:19	160	13:22	80	19:37	170			01:52	40	07:40	344	8:02	220
11-6	zon			2:05	60	8:19	160	14:20	80	20:40	170			02:53	40	08:40	339	8:02	220
12-6	maa			3:00	50	9:23	160	15:18	80	21:46	170			03:58	50	09:45	338	8:02	220
13-6	din			3:58	50	10:30	160	16:18	80	22:52	170			05:01	50	10:50	340	8:02	220
14-6	woe			5:02	50	11:34	160	17:27	70	23:56	170			06:03	50	11:53	343	8:02	220
15-6	don			6:16	50	12:33	160	18:47	60	0:55	170	00:18	380	07:06	50	12:51	346	8:02	220
16-6	vry	0:55	170	7:21	50	13:28	160	19:48	50	01:16	373	08:05	50	13:43	349	20:29	49	8:02	220
17-6	zat	1:50	160	8:14	50	14:18	160	20:39	50	02:09	365	08:54	50	14:29	353	21:17	42	8:02	220
18-6	zon	06:37 NM		9:00	50	15:04	160	21:26	50	02:56	361	09:35	50	15:10	358	21:58	41	8:02	220
19-6	maa			9:41	70	15:46	160	22:07	60	03:39	361	10:10	50	15:49	366	22:34	46	8:02	220
20-6	din			10:17	80	16:25	160	22:45	70	04:19	365	10:45	60	16:28	375	23:09	56	8:02	220
21-6	woe			10:46	90	17:04	160	23:18	80	04:59	370	11:20	70	17:06	384	23:44	69	8:02	220

Referentievlak :LAT		lw		 Grode bron: https://gezeitenfisch.com/de/schleswig-holstein/grode-anleger										 Föhr bron: https://gezeitenfisch.com/de/schleswig-holstein/normann-we																			
datum	dag	HW		lw		HW		lw		HW		lw		HW		HW		lw		HW		lw		HW									
22-6	don	5:29	160	11:09	90	17:40	160	23:47	80			05:38	374	11:55	90	17:43	391	00:20	80			4:03	240	10:31	50	16:11	280	23:02	40				
23-6	vry	6:05	160	11:34	90	18:13	160	0:16	80					00:20	80	06:16	374	12:29	106	18:18	394			4:35	240	10:58	50	16:43	280	23:30	40		
24-6	zat			0:16	80	6:38	160	12:07	90	18:42	160			00:56	90	06:54	369	13:03	115	18:54	393			5:07	240	11:29	50	17:14	280	0:02	40		
25-6	zon			0:51	80	7:09	150	12:48	90	19:14	160			01:34	90	07:33	363	13:41	117	19:34	387					0:02	40	5:40	240	12:05	50	17:49	270
26-6	maa 09:50 EK			1:33	80	7:45	150	13:36	90	19:56	160			02:16	90	08:16	355	14:26	114	20:22	378					0:42	40	6:19	240	12:49	60	18:31	270
27-6	din			2:23	80	8:32	150	14:34	90	20:50	160			03:04	90	09:06	348	15:18	110	21:17	367					1:31	50	7:06	230	13:45	60	19:25	260
28-6	woe			3:20	80	9:34	150	15:38	90	21:58	160			03:58	80	10:04	344	16:18	105	22:20	359					2:32	50	8:08	230	14:53	70	20:32	260
29-6	don			4:20	80	10:44	160	16:43	90	23:09	160			04:58	80	11:08	346	17:25	101	23:26	356					3:35	40	9:17	240	16:00	60	21:42	270
30-6	vry			5:23	70	11:49	160	17:52	80	0:13	160			06:03	80	12:10	354	18:35	94	00:29	360					4:36	30	10:21	260	17:05	40	22:45	280
1-7	zat	0:13	160	6:30	60	12:46	160	19:04	70			00:29	360	07:04	70	13:07	365	19:38	84							5:37	20	11:17	270	18:11	30	23:42	280
2-7	zon	1:10	160	7:34	60	13:38	160	20:08	60			01:26	366	08:01	70	13:58	377	20:35	72							6:40	20	12:10	280	19:17	20	0:37	280
3-7	maa 13:39 VM	2:04	160	8:30	60	14:27	170	21:04	50			02:19	372	08:54	60	14:46	387	21:30	60			0:37	280	7:42	20	13:02	290	20:18	10				
4-7	din	2:56	160	9:22	60	15:16	170	21:55	50			03:11	373	09:47	60	15:34	394	22:25	49			1:34	270	8:37	20	13:56	290	21:11	0				
5-7	woe	3:49	160	10:11	70	16:04	170	22:45	50			04:04	371	10:39	50	16:23	397	23:18	40			2:32	260	9:27	20	14:51	290	22:01	0				
6-7	don	4:39	160	10:57	70	16:53	170	23:31	50			04:57	367	11:29	50	17:14	399	00:10	30			3:28	260	10:12	30	15:42	290	22:47	0				
7-7	vry	5:28	160	11:42	70	17:43	170	0:16	40					00:10	30	05:48	361	12:18	54	18:04	401			4:17	260	10:54	30	16:30	300	23:29	0		
8-7	zat			0:16	40	6:16	160	12:26	60	18:32	170			01:00	30	06:39	356	13:05	54	18:54	403			5:03	260	11:34	20	17:15	310	0:11	0		
9-7	zon			1:01	40	7:06	160	13:12	60	19:23	170			01:49	30	07:28	352	13:53	57	19:44	403					0:11	0	5:47	260	12:17	20	18:02	310
10-7	maa 03:48 LK			1:47	40	7:57	160	14:00	60	20:18	170			02:38	40	08:19	348	14:44	61	20:38	398					0:56	0	6:34	260	13:06	20	18:52	300
11-7	din			2:35	50	8:53	160	14:51	60	21:16	170			03:30	50	09:13	344	15:39	66	21:37	388					1:44	10	7:26	260	14:00	30	19:48	290
12-7	woe			3:26	60	9:54	160	15:45	70	22:20	160			04:25	60	10:12	340	16:41	69	22:39	374					2:36	20	8:25	260	14:57	40	20:51	280
13-7	don			4:22	70	10:59	160	16:46	80	23:26	160			05:23	60	11:13	338	17:47	69	23:45	362					3:32	30	9:30	250	15:58	40	22:00	270
14-7	vry			5:29	80	12:04	160	18:11	80	0:33	160			06:26	60	12:16	340	18:58	64	00:51	354					4:33	40	10:37	260	17:09	50	23:08	270
15-7	zat	0:33	160	6:53	80	13:07	160	19:28	70			00:51	354	07:34	60	13:18	346	20:07	56							5:47	40	11:40	270	18:33	40	0:13	260
16-7	zon	1:37	160	7:53	70	14:04	160	20:23	60			01:54	354	08:32	60	14:13	356	21:01	53			0:13	260	6:58	40	12:39	270	19:33	20				
17-7	maa 20:32 NM	2:33	160	8:42	70	14:53	160	21:12	60			02:46	359	09:18	60	14:59	368	21:45	59			1:10	260	7:52	30	13:30	280	20:23	20				
18-7	din	3:20	160	9:26	70	15:35	160	21:55	60			03:30	366	09:57	70	15:40	379	22:22	69			1:59	250	8:37	30	14:14	270	21:07	20				
19-7	woe	4:01	160	10:04	80	16:13	160	22:33	70			04:08	374	10:32	80	16:15	390	22:57	79			2:41	250	9:17	40	14:52	270	21:46	30				
20-7	don	4:37	160	10:37	90	16:48	160	23:06	80			04:43	380	11:05	90	16:49	398	23:30	86			3:16	240	9:51	50	15:24	270	22:19	30				
21-7	vry	5:12	160	11:04	90	17:20	160	23:35	80			05:17	383	11:38	100	17:22	402	00:03	80			3:47	240	10:19	50	15:52	270	22:47	40				
22-7	zat	5:43	160	11:27	90	17:48	160	0:02	80					00:03	80	05:53	382	12:10	103	17:56	401			4:15	240	10:43	50	16:19	280	23:12	40		
23-7	zon			0:02	80	6:09	160	11:55	80	18:12	170			00:35	80	06:28	376	12:42	102	18:29	395			4:41	240	11:10	40	16:46	280	23:39	30		
24-7	maa			0:31	80	6:34	160	12:30	80	18:41	170			01:08	80	07:02	367	13:15	98	19:04	387			5:08	250	11:42	40	17:15	280	0:12	30		
25-7	din			1:07	70	7:04	160	13:12	80	19:18	170			01:42	80	07:36	359	13:51	96	19:41	378					0:12	30	5:38	250	12:20	30	17:50	280
26-7	woe 00:07 EK			1:51	80	7:43	160	14:02	80	20:02	160			02:20	80	08:15	353	14:34	98	20:25	370					0:54	30	6:14	250	13:07	40	18:32	270
27-7	don			2:42	80	8:32	160	15:00	90	21:01	160			03:06	90	09:02	350	15:25	105	21:19	363					1:44	40	7:04	240	14:04	50	19:32	260
28-7	vry			3:40	90	9:51	150	16:05	90	22:29	160			04:00	90	10:00	352	16:28	112	22:23	360					2:45	50	8:21	240	15:13	60	20:58	250
29-7	zat			4:44	90	11:12	160	17:16	90	23:45	160			05:05	1																		

Referentievlak :LAT		lw		Grote anleger bron: https://gezeitenfisch.com/de/schleswig-holstein/grote-anleger										Föhr bron: https://gezeitenfisch.com/de/schleswig-holstein/normann-we																					
datum	dag	HW		lw		HW		lw		HW		lw		HW		HW		lw		HW		lw		HW											
5-8	zat	5:14	160	11:31	50	17:29	170	0:01	30			00:01	30	05:35	367	12:08	51	17:51	413	4:05	270	10:46	0	16:18	310	23:17	-20								
6-8	zon			0:01	30	5:58	160	12:12	40	18:15	170			00:47	30	06:20	364	12:51	51	18:36	414	4:46	270	11:24	0	16:59	320	23:54	-20						
7-8	maa			0:41	30	6:43	160	12:52	40	19:01	170			01:29	40	07:04	361	13:33	54	19:21	409	5:25	280	12:01	0	17:40	320	0:31	-10						
8-8	din	12:28	LK	1:22	40	7:29	160	13:35	50	19:50	170			02:10	50	07:48	356	14:15	59	20:07	395			0:31	-10	6:06	270	12:41	0	18:24	310				
9-8	woe			2:04	50	8:19	160	14:20	60	20:44	170			02:52	60	08:35	349	15:03	66	21:00	376			1:11	10	6:51	270	13:26	20	19:14	290				
10-8	don			2:50	70	9:16	160	15:10	70	21:44	160			03:40	70	09:29	341	16:01	74	22:02	357			1:57	30	7:44	260	14:18	40	20:13	270				
11-8	vry			3:41	90	10:19	160	16:06	90	22:54	160			04:38	80	10:33	336	17:10	80	23:15	345			2:50	50	8:47	250	15:19	60	21:22	250				
12-8	zat			4:40	100	11:33	160	17:26	100	0:14	160			05:48	90	11:45	340	18:31	80	00:33	346			3:51	70	9:59	240	16:33	70	22:40	240				
13-8	zon	0:14	160	6:27	100	12:47	160	19:12	90			00:33	346	07:09	90	13:00	354	19:50	74					5:10	80	11:12	250	18:13	60	23:53	240				
14-8	maa	1:24	160	7:35	90	13:47	160	20:07	70			01:43	358	08:14	80	14:03	374	20:47	73					6:38	60	12:18	260	19:15	40	0:53	250				
15-8	din	2:19	160	8:25	80	14:36	160	20:54	60			02:37	372	09:02	80	14:51	390	21:31	78			0:53	250	7:33	50	13:12	270	20:04	30						
16-8	woe	11:38	NM	3:03	160	9:08	70	15:15	160	21:35	60			03:19	381	09:42	90	15:28	400	22:08	86			1:42	250	8:18	40	13:56	270	20:47	20				
17-8	don			3:40	160	9:45	70	15:51	160	22:11	60			03:52	386	10:16	90	15:59	405	22:40	90			2:22	250	8:58	40	14:31	270	21:25	20				
18-8	vry			4:14	160	10:18	80	16:23	160	22:43	70			04:22	388	10:47	90	16:28	407	23:11	88			2:55	240	9:32	40	15:02	270	21:58	30				
19-8	zat			4:45	160	10:47	80	16:51	160	23:12	70			04:53	388	11:17	90	16:59	406	23:41	80			3:23	240	10:02	40	15:28	280	22:25	30				
20-8	zon			5:12	160	11:13	80	17:17	170	23:39	70			05:26	386	11:48	80	17:32	403	00:11	70			3:49	250	10:27	40	15:54	280	22:50	30				
21-8	maa			5:36	160	11:40	70	17:43	170	0:07	70			00:11	70	06:00	381	12:18	84	18:05	396			4:13	250	10:50	30	16:20	280	23:14	20				
22-8	din					0:07	70	6:01	160	12:11	70	18:13	170			00:40	70	06:31	373	12:48	83	18:35	388			4:38	250	11:19	20	16:47	290	23:44	20		
23-8	woe					0:39	70	6:30	160	12:49	70	18:48	170			01:09	70	07:00	367	13:20	89	19:05	383			5:04	260	11:53	20	17:17	280	0:20	20		
24-8	don	11:57	EK			1:19	70	7:04	160	13:33	80	19:27	160			01:41	80	07:31	365	13:56	99	19:41	378					0:20	20	5:33	250	12:35	30	17:53	270
25-8	vry					2:06	90	7:44	160	14:27	90	20:14	160			02:21	100	08:12	365	14:43	112	20:32	372					1:05	40	6:11	240	13:26	50	18:41	250
26-8	zat					3:03	100	8:38	150	15:33	100	21:49	150			03:12	110	09:11	366	15:46	123	21:41	363					2:00	60	7:11	230	14:32	70	20:17	230
27-8	zon					4:10	110	10:36	150	16:48	100	23:23	150			04:21	120	10:28	367	17:11	125	23:08	359					3:12	80	9:07	230	15:55	80	21:50	230
28-8	maa					5:22	110	11:55	160	18:12	90	0:37	160			05:48	120	11:57	376	18:46	108	00:40	365					4:31	80	10:23	240	17:19	70	23:02	240
29-8	din			0:37	160	6:47	100	13:00	160	19:38	70			00:40	365	07:14	100	13:15	391	20:02	83							5:51	70	11:28	260	18:42	40	0:10	250
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31-8	don	03:35	VM	2:35	160	8:58	50	14:50	170	21:29	20			02:54	381	09:25	70	15:13	413	22:06	49			1:15	260	8:08	20	13:33	300	20:43	-20				
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2-9	zat			4:10	160	10:31	30	16:24	170	22:58	20			04:28	379	11:04	50	16:44	422	23:41	47			3:02	280	9:48	-10	15:17	320	22:16	-30				
3-9	zon			4:52	160	11:12	30	17:08	170	23:37	20			05:10	377	11:47	50	17:26	423	00:21	50			3:44	280	10:30	-20	15:59	320	22:55	-30				
4-9	maa			5:33	160	11:50	30	17:51	170	0:15	30					00:21	50	05:50	374	12:27	55	18:07	417			4:23	280	11:06	-20	16:38	320	23:30	-20		
5-9	din					0:15	30	6:15	160	12:27	30	18:35	170			00:57	50	06:30	371	13:04	57	18:49	403			4:59	280	11:39	-10	17:15	310	0:01	0		
6-9	woe					0:51	40	6:58	160	13:05	40	19:20	170			01:32	60	07:09	364	13:41	63	19:31	384					0:01	0	5:35	280	12:12	0	17:55	300
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8-9	vry					2:10	80	8:37	160	14:33	80	21:08	160			02:49	90	08:41	346	15:15	89	21:21	344					1:15	40	7:04	260	13:39	40	19:35	250
9-9	zat					2:58	100	9:38	160	15:28	100	22:17	150			03:46	110	09:47	342	16:27	105	22:38	337					2:05	70	8:06	240	14:41	70	20:45	230
10-9	zon					3:54	120	10:54	160	16:40	110	23:47	150			05:04	120	11:08	348	17:58	112	00:08	346					3:10	90	9:21	240	16:00	90	22:11	220
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12-9	din			0:59	160	7:13	100	13:19	160	19:44	70			01:25	366	07:49	110	13:44	393	20:24	98							6:15	80	11:53	260	18:52	50	0:29	240
13-9	woe			1:52	160	8:01	80	14:06	160	20:28	60			02:19	383	08:39	100	14:31	409	21:08	95			0:29	240	7:10	50	12:46	270	19:39	30				
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15-9	vry	03:40	NM	3:08	160	9:17	60	15:17	170	21:40	50			03:29	390	09:52	100	15:35	409	22:15	90			1:52	260	8:32	30	14:01	280	20:55	10				
16-9	zat			3:40	160	9:49	60	15:48	170	22:11	60																								

Referentievlak :LAT		lw		Grote anleger bron: https://gezeitenfisch.com/de/schleswig-holstein/grote-anleger										Föhr bron: https://gezeitenfisch.com/de/schleswig-holstein/föhr-normann-we					
datum	dag	HW	lw	HW	lw	HW	HW	lw	HW	lw	HW	HW	lw	HW	lw	HW	lw	HW	lw
18-9	maa	4:37 160	10:50 60	16:46 170	23:10 60		04:55 387	11:22 70	17:04 399	23:42 72		3:18 260	10:05 20	15:27 290	22:25 20				
19-9	din	5:04 160	11:19 60	17:16 170	23:40 60		05:28 385	11:52 70	17:36 395	00:10 70		3:46 260	10:31 20	15:57 280	22:50 20				
20-9	woe	5:32 160	11:51 60	17:50 170	0:12 70			00:10 70	05:58 381	12:21 85	18:06 389	4:13 260	10:58 20	16:26 280	23:18 20				
21-9	don		0:12 70	6:03 160	12:27 60	18:25 160		00:38 90	06:25 378	12:51 97	18:33 383	4:39 260	11:31 20	16:56 270	23:52 30				
22-9	vry 21:32 EK		0:49 80	6:36 160	13:09 70	19:03 160		01:08 100	06:54 378	13:27 110	19:08 378	5:05 250	12:10 30	17:29 250	0:33 50				
23-9	zat		1:33 90	7:13 160	14:01 90	19:48 160		01:46 110	07:35 379	14:15 122	20:04 367		0:33 50	5:38 240	12:58 50	18:14 230			
24-9	zon		2:30 110	8:03 160	15:10 100	21:22 150		02:40 130	08:39 375	15:25 130	21:23 355		1:25 70	6:32 230	14:05 80	19:57 210			
25-9	maa		3:42 120	10:08 150	16:27 100	23:07 150		03:57 140	10:05 372	17:03 126	23:05 353		2:41 100	8:42 220	15:37 80	21:37 210			
26-9	din		4:59 110	11:35 160	17:55 90	0:22 160		05:38 130	11:46 381	18:39 102	00:38 365		4:11 100	10:06 240	17:03 60	22:54 230			
27-9	woe	0:22 160	6:28 90	12:42 160	19:18 60		00:38 365	07:04 110	13:05 399	19:52 77			5:34 70	11:16 270	18:24 30	0:00 250			
28-9	don	1:21 160	7:42 60	13:38 170	20:16 30		01:46 379	08:12 80	14:06 415	20:55 61		0:00 250	6:49 30	12:20 290	19:28 -10	1:00 270			
29-9	vry 11:57 VM	2:13 160	8:36 40	14:29 170	21:06 10		02:39 386	09:09 70	14:56 424	21:48 55		1:00 270	7:49 0	13:18 310	20:21 -30				
30-9	zat	3:01 160	9:24 20	15:17 170	21:51 10		03:24 387	09:58 60	15:39 427	22:33 56		1:53 290	8:41 -20	14:11 320	21:09 -40				
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6-10	vry 15:48 LK		0:50 70	7:11 160	13:12 60	19:39 160		01:26 90	07:11 365	13:47 86	19:45 355	5:43 280	12:19 20	18:08 260	0:34 40				
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14-10	zat 19:55 NM	2:27 160	8:41 60	14:35 170	21:03 40		02:56 389	09:20 90	15:03 401	21:41 84		1:11 270	7:57 20	13:20 290	20:19 0				
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18-10	woe	4:35 160	10:58 50	16:53 170	23:15 60		04:56 391	11:29 80	17:08 391	23:42 89		3:21 270	10:13 10	15:37 280	22:28 20				
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21-10	zat		0:24 80	6:17 160	12:51 70	18:49 160		00:44 110	06:33 389	13:14 113	18:59 366	4:52 250	11:53 30	17:21 240	0:11 60				
22-10	zon 05:29 EK		1:08 100	6:56 160	13:47 90	19:40 150		01:26 120	07:20 386	14:09 119	20:02 353		0:11 60	5:28 240	12:42 50	18:15 220			
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25-10	woe		4:38 110	11:13 160	17:31 70	23:59 160		05:32 120	11:35 388	18:27 89	00:27 365		3:53 90	9:48 250	16:42 50	22:37 240			
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27-10	vry	0:57 160	7:14 50	13:15 170	19:49 20		01:30 378	07:54 90	13:47 417	20:36 63			6:22 20	12:01 300	19:01 -20	0:38 280			
28-10	zat 22:24 VM	1:48 170	8:11 30	14:06 170	20:40 10		02:20 384	08:50 70	14:35 421	21:26 62		0:38 280	7:24 -10	12:58 320	19:55 -40				
29-10	zon	2:36 170	8:00 20	13:53 170	20:25 10		02:02 386	08:38 72	14:17 418	21:08 63		1:29 300	7:17 -30	12:49 320	19:44 -40				
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31-10	din	2:59 170	9:25 20	15:20 170	21:44 40		03:16 387	10:01 57	15:38 403	22:19 66		1:55 290	8:46 -30	14:15 300	21:04 -10				

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datum		dag		HW		lw		HW		lw		HW		lw		HW		lw		HW		lw		HW		lw		HW		
1-11	woe	09:17 LK	3:39	170	10:02	30	16:02	170	22:17	60	00:33 133	03:53	387	10:38	54	16:20	391	22:52	73	19:11 353	2:31	290	9:22	-10	14:51	290	21:35	10		
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16-11	don		3:11	170	9:40	50	15:35	160	21:54	70	03:29	400	10:11	85	15:48	385	22:20	93	1:58	280	8:58	10	14:21	280	21:10	20				
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22-11	woe	2:07	100	8:31	160	14:52	70	21:22	150	02:46	121	08:48	386	15:52	88	21:47	347	1:12	80	7:07	260	14:04	50	19:57	230					
23-11	don	3:14	90	9:47	160	16:00	60	22:31	160	04:11	113	10:10	391	17:03	78	22:59	356	2:28	70	8:23	270	15:12	30	21:09	250					
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1-12	vry		4:01	170	10:19	60	16:28	160	22:20	80	04:11	384	10:54	69	16:46	373	23:03	97	2:44	290	9:37	10	15:07	270	21:39	30				
2-12	zat		4:42	170	10:51	60	17:11	160	22:45	80	04:49	385	11:29	89	17:24	369	23:37	118	3:18	290	10:06	20	15:42	260	22:06	40				
3-12	zon		5:24	170	11:24	70	17:52	160	23:18	80	05:24	387	12:06	109	18:01	365	00:12	138	3:53	290	10:37	30	16:19	250	22:39	40				
4-12	maa		6:05	160	12:02	80	18:34	160	23:59	90	00:12	138	06:00	391	12:46	123	18:43	363	4:33	280	11:13	40	17:00	240	23:18	60				
5-12	din		06:49 LK	6:46	160	12:48	90	19:19	150	0:51	100	00:53	150	06:45	392	13:35	130	19:35	360	5:17	270	11:58	60	17:47	230	0:07	70			
6-12	woe	0:51	100	7:33	160	13:42	90	20:09	150	01:45	155	07:43	387	14:33	128	20:39	356	0:07	70	6:07	260	12:56	70	18:42	220					
7-12	don	1:52	110	8:28	160	14:40	100	21:08	150	02:48	152	08:52	379	15:39	121	21:49	355	1:12	90	7:05	250	14:01	70	19:46	220					
8-12	vry	2:56	110	9:29	160	15:40	90	22:10	160	04:00	141	10:05	371	16:46	110	22:52	357	2:23	90	8:09	250	15:04	60	20:51	230					
9-12	zat	4:00	100	10:30	160	16:44	80	23:08	160	05:13	125	11:09	366	17:45	99	23:46	361	3:28	70	9:11	260	16:03	40	21:47	250					
10-12	zon	5:09	80	11:26	160	17:47	60	23:58	160	06:11	108	12:02	365	18:34	91	00:32	368	4:28	50	10:05	280	17:00	20	22:35	270					
11-12	maa	6:14	70	12:18	170	18:42	50	0:44	170	00:32	368	07:00	96	12:47	367	19:18	86	5:27	30	10:54	290	17:54	10	23:21	290					
12-12	din	0:44	170	7:08	50	13:06	170	19:31	50	01:12	378	07:45	88	13:27	372	20:00	82	6:23	10	11:42	300	18:46	0	0:06	290					
13-12	woe	00:32 NM	1:29	170	7:58	50	13:53	170	20:17	50	01:51	388	08:29	82	14:08	377	20:43	81	0:06	290	7:15	0	12:31	290	19:35	10	0:53	290		
14-12	don	2:12	170	8:44	50	14:39	160	21:00	60	02:30	396	09:15	78	14:52	378	21:26	83	0:53	290	8:03	0	13:21	280	20:19	20					

Referentievlak :LAT		lw		Groede										Föhr															
		bron: https://gezeitenfisch.com/de/schleswig-holstein/groede-anleger										bron: https://gezeitenfisch.com/de/schleswig-holstein/nordmum-we																	
datum	dag	HW		lw		HW		lw		HW		lw		HW		HW		lw		HW		lw		HW					
15-12	vry	2:54	170	9:29	50	15:25	160	21:42	70	03:11	401	10:01	75	15:38	374	22:09	86	1:40	280	8:48	10	14:10	270	20:59	30				
16-12	zat	3:37	160	10:13	60	16:10	160	22:22	80	03:54	401	10:46	73	16:26	366	22:52	89	2:25	280	9:29	10	14:57	260	21:36	40				
17-12	zon	4:21	160	10:58	60	16:57	160	23:06	80	04:39	399	11:33	71	17:16	357	23:37	90	3:09	280	10:09	20	15:43	250	22:12	40				
18-12	maa	5:09	170	11:45	60	17:47	160	23:55	80	05:27	397	12:22	69	18:08	350	00:26	90	3:54	280	10:50	20	16:29	250	22:54	40				
19-12	din	6:02	170	12:37	60	18:42	160	0:50	80			00:26	90	06:19	395	13:17	70	4:43	280	11:39	20	17:20	240	23:48	50				
20-12	woe			0:50	80	7:02	170	13:31	60	19:44	160			01:23	91	07:18	392	5:38	280	12:36	30	18:18	240	0:53	50				
21-12	don			1:48	80	8:09	160	14:27	60	20:51	160			02:29	93	08:24	388			0:53	50	6:42	280	13:36	30	19:23	240		
22-12	vry			2:47	80	9:18	160	15:26	60	21:59	160			03:40	94	09:35	382			1:58	50	7:51	280	14:37	30	20:33	250		
23-12	zat			3:50	70	10:25	170	16:34	60	23:02	160			04:48	91	10:42	376			3:01	40	9:02	280	15:39	30	21:40	260		
24-12	zon			5:07	70	11:28	170	17:49	60	0:00	160			05:57	84	11:46	368			4:10	30	10:09	290	16:50	20	22:42	270		
25-12	maa	0:00	160	6:20	50	12:28	160	18:50	50	0:55	160	00:17	345	07:04	73	12:44	363	19:34	73			5:27	20	11:13	290	17:59	10	23:40	280
26-12	din	0:55	160	7:18	40	13:25	160	19:41	50	01:08	352	08:00	61	13:38	361	20:21	70			6:31	0	12:10	280	18:54	10	0:31	280		
27-12	woe	1:46	160	8:08	40	14:15	160	20:26	60	01:53	360	08:46	54	14:26	363	21:01	70	0:31	280	7:23	0	13:01	280	19:41	20				
28-12	don	2:31	160	8:53	50	14:59	160	21:07	70	02:37	368	09:27	56	15:11	367	21:39	75	1:16	280	8:08	0	13:43	270	20:22	20				
29-12	vry	3:12	160	9:34	60	15:39	160	21:42	80	03:19	376	10:05	65	15:52	370	22:14	87	1:55	280	8:49	10	14:20	260	20:57	30				
30-12	zat	3:51	170	10:11	60	16:17	160	22:11	80	03:57	382	10:40	80	16:29	372	22:48	101	2:30	280	9:25	20	14:54	260	21:27	40				
31-12	zon	4:29	170	10:43	70	16:55	160	22:35	80	04:31	387	11:13	94	17:04	372	23:20	115	3:03	280	9:55	30	15:26	250	21:52	40				